

Dear editor,

Many thanks for reviewing our manuscript, we greatly appreciate your further recommendations and helpful comments regarding our manuscript. Please find below a list of amendments made as per your suggestions. We hope you will find these satisfactory.

1. We have revised the article to ensure there are no repeated references.
2. We have revised our citation format and have changed it so that each citation is in Arabic numeral, superscripted and within square brackets.
3. We have eliminated any space between the square brackets and preceding word or following punctuation.
4. We have revised the article to ensure that all names mentioned/cited in the text are consistent with the first authors surname in the corresponding reference list.
5. We have added the relevant PMID and DOI for each reference and have attached another file containing a picture of the first page of each reference which does not have a corresponding PMID or DOI.
6. We have ensured that all authors are listed in each reference, and that each reference matches the described format outlined in your guidelines for manuscript preparation and submission.
7. We have added the manuscript number, manuscript type and name of journal to the beginning of the manuscript.
8. We have also added a running title and a synopsis of the each authors contributions.
9. We have added details of corresponding author.
10. We have created and uploaded an audio core tip as recommended.

We hope that the above meets your criteria for acceptance and await your final verdict with anticipation.

Dear reviewers,

**Thank you for your valuable comments.**

Kind regards,

Conor Keady- Corresponding author

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