



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u> 1 </u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u> 1 </u>
Abstract	3a	Background: What does this case report add to the medical literature?	<u> 1 </u>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u> 1 </u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u> 2 </u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u> 2-3 </u>
Timeline	5	I7	<u> 7 </u>
Patient Information	6a		<u> 3 </u>
	6b	De-identified demographic and other patient or client specific information	<u> 3 </u>
	6c	Chief complaint—what prompted this visit?	<u> 3 </u>
		Relevant history including past interventions and outcomes	
Physical Exam	7		<u> 4 </u>
		Relevant physical examination findings	
Diagnostic Assessment	8a		<u> 5 </u>
	8b	Evaluations such as surveys, laboratory testing, imaging, etc.	<u> 5 </u>
	8c	Diagnostic reasoning including other diagnoses considered and challenges Consider	<u> 5 </u>
	8d	tables or figures linking assessment, diagnoses and interventions Prognostic characteristics where applicable	<u> 5 </u>
Interventions	9a		<u> 5 </u>
	9b	Types such as life-style recommendations, treatments, medications, surgery	<u> 5 </u>
	9c	Intervention administration such as dosage, frequency and duration	<u> 5 </u>
	9d	Note changes in intervention with explanation	<u> 5 </u>
		Other concurrent interventions	
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u> 5 </u>
	10b	Important follow-up diagnostic evaluations	<u> 5 </u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u> 5 </u>
Discussion	11a	Strengths and limitations in your approach to this case	<u> 5-9 </u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u> 5-9 </u>
	11c	How does this case report suggest a testable hypothesis?	<u> 5-9 </u>
	11d	Conclusions and rationale	<u> 9 </u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u> 10 </u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u> 10 </u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u> 10 </u>