



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title Key Words	1		The words “case report” should be in the title along with the area of focus	<u>4/1</u>
	2		Four to seven key words—include “case report” as one of the key words	<u>46/3</u>
Abstract	3a		Background: What does this case report add to the medical literature?	<u>49/2</u>
	3b		Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>56/2</u>
	3c		Conclusion: What is the main “take-away” lesson from this case?	<u>72/3</u>
Introduction	4		The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>103/4</u>
Timeline	5		Information from this case report organized into a timeline (table or figure)	<u>152/6</u>
Patient Information	6a		De-identified demographic and other patient or client specific information	<u>138/5</u>
	6b		Chief complaint—what prompted this visit?	<u>137/5</u>
	6c		Relevant history including past interventions and outcomes	<u>142/5</u>
Physical Exam	7		Relevant physical examination findings	<u>179/6</u>
Diagnostic Assessment	8a		Evaluations such as surveys, laboratory testing, imaging, etc.	<u>182/6</u>
	8b		Diagnostic reasoning including other diagnoses considered and challenges	<u>203/8</u>
	8c		Consider tables or figures linking assessment, diagnoses and interventions	<u>228/9</u>
	8d		Prognostic characteristics where applicable	<u>234/9</u>
Interventions	9a		Types such as life-style recommendations, treatments, medications, surgery	<u>247/9</u>
	9b		Intervention administration such as dosage, frequency and duration	<u>257/10</u>
	9c		Note changes in intervention with explanation	<u>266/11</u>
	9d		Other concurrent interventions	<u>247/12</u>
Follow-up and Outcomes	10a		Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>273/12</u>
	10b		Important follow-up diagnostic evaluations	<u>280/12</u>
	10c		Assessment of intervention adherence and tolerability, including adverse events	<u>280/12</u>
Discussion	11a		Strengths and limitations in your approach to this case	<u>298/12</u>
	11b		Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>285/12</u>
	11c		How does this case report suggest a testable hypothesis?	<u>302/12</u>
	11d		Conclusions and rationale	<u>342/14</u>
Patient Perspective	12		When appropriate include the assessment of the patient or client on this episode of care	<u>329/13</u>
Informed Consent	13		Informed consent from the person who is the subject of this case report is required by most journals	<u>attached</u>
Additional Information	14		Acknowledgement section; Competing Interests; IRB approval when required	<u>382/15</u>