CARE Checklist – 2016: Information for writing a case report

**Topic Item Checklist item description Line/Page**

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| **Title** | **1** | The words “case report” should be in the title along with the area of focus |  P1  |
| **Key Words** | **2** | Four to seven key words—include “case report” as one of the key words |  P4  |
| **Abstract** | **3a 3b 3c** | Background:Whatdoesthiscasereportaddto themedicalliterature? Casesummary:chiefcomplaint,diagnoses,interventions,andoutcomes Conclusion:What is the main“take-away”lessonfrom this case? |  P3  P3 \_ P3- 4  |
| **Introduction** | **4** | The current standard of care and contributions of this case—with references (1-2 paragraphs) |  P4-5  |
| **Timeline** | **5** | Information from this case report organized into a timeline (table or figure) | \_P3\_ |
| **Patient Information** | **6a 6b 6c** | De-identified demographic and other patient or client specific information Chief complaint—what prompted this visit?Relevant history including past interventions and outcomes |  P5  P5  P5  |
| **Physical Exam** | **7** | Relevant physical examination findings |  P5-6  |
| **Diagnostic** | **8a** | Evaluations such as surveys, laboratory testing, imaging, etc. |  P6-7  |
| **Assessment** | **8b 8c 8d** | Diagnostic reasoning including other diagnoses considered and challenges Consider tables or figures linking assessment, diagnoses and interventions Prognostic characteristics where applicable |  P7 \_P17-18\_ P8  |
| **Interventions** | **9a 9b 9c 9d** | Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration Note changes in intervention with explanationOther concurrent interventions |  P7- 8  P7- 8  P7- 8  P7-8  |
| **Follow-up and** | **10a** | Clinician assessment (and patient or client assessed outcomes when appropriate) |  P8  |
| **Outcomes** | **10b 10c** | Important follow-up diagnostic evaluationsAssessment of intervention adherence and tolerability, including adverse events |  P8  P8  |

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| **Discussion** | **11a 11b 11c 11d** | Strengths and limitations in your approach to this caseSpecify how this case report informs practice or Clinical PracticeGuidelines(CPG) How does this case report suggesta testable hypothesis?Conclusions and rationale |  P8-9  P8-9  P9-10  P10-11  |
| **Patient Perspective** | **12** | When appropriate include the assessment of the patient or client on this episode of care |  P10  |
| **Informed Consent** | **13** | Informed consent from the person who is the subject of this case report is required by most journals |  P16  |
| **Additional Information** | **14** | Acknowledgement section; Competing Interests; IRB approval when required |  P11  |

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