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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus\_5/1 \_

**Key Words 2** Four to seven key words—include “case report” as one of the key words \_19/3\_

**Abstract 3a** Background: What does this case report add to the medical literature? \_2-5/3\_\_

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes \_6-14/3

**3c** Conclusion: What is the main “take-away” lesson from this case? \_15-17/3\_

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) \_1-10/4\_

**Timeline 5** Information from this case report organized into a timeline (table or figure) \_16-22/4

**Patient Information 6a** De-identified demographic and other patient or client specific information \_\_14/4\_

**6b** Chief complaint—what prompted this visit? 13-14/4\_

**6c** Relevant history including past interventions and outcomes \_1-2/5\_

**Physical Exam 7** Relevant physical examination findings \_4-9/5\_\_

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. \_11-18/5\_\_

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges \_2-6/6\_\_

**8c** Consider tables or figures linking assessment, diagnoses and interventions \_\_\_\_\_\_\_

**8d** Prognostic characteristics where applicable \_ \_

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery \_20-24/5\_

**9b** Intervention administration such as dosage, frequency and duration \_21-22/5

**9c** Note changes in intervention with explanation \_\_\_\_\_\_\_

**9d** Other concurrent interventions \_\_\_\_\_\_\_

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) \_ 4-5/6\_

**Outcomes 10b** Important follow-up diagnostic evaluations \_3-5/6\_

**10c** Assessment of intervention adherence and tolerability, including adverse events \_\_\_\_\_\_\_

**Discussion 11a** Strengths and limitations in your approach to this case \_9-10/6

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) \_21-23/7

**11c** How does this case report suggest a testable hypothesis? \_4-6/7\_

**11d** Conclusions and rationale \_18-23/7\_

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care \_\_

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals \_4-7/9\_

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required \_9-13/9\_