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To Reviewers  
*World Journal of Diabetes*

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Dear Reviewer:

Thank you for your interest in our paper. We appreciate your reviews and suggestions.

**Comment 1**

First, the selected RCT studies may be not comparable in their demographic composition. The heterogeneity issue has to be discussed or presented in the limitation section.

**Response:**

Thank you for your comments for limitations, we have made the appropriate changes to this section

**Comment 2**

Second, it is unclear why meta analysis of the dose-response relationship between IT use, DDS and outcomes is presented or discussed. Is there a way to give just the confidence intervals of the IT effect on DDS and outcomes.

**Response:**

We discussed some of the results of the included RCTs to present that management of type 2 diabetes distress can have positive outcomes with technology-based interventions and to give future directions to future RCTs and meta analysis.

We hope that our study will contribute to provide future directions for this unanswered question about technology benefits on Diabetes type II distress. Thank you for your review and suggestions

Sincerely,

Sandra Sasaki