# World Journal of *Clinical Cases*

World J Clin Cases 2020 December 6; 8(23): 5835-6212





Published by Baishideng Publishing Group Inc

W J C C World Journal of Clinical Cases

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Semimonthly Volume 8 Number 23 December 6, 2020

#### **ABOUT COVER**

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Production Editor: Yan-Xia Xing; Production Department Director: Yun-Xiaojian Wu; Editorial Office Director: Jin-Lei Wang.

NAME OF JOURNAL	INSTRUCTIONS TO AUTHORS
World Journal of Clinical Cases	https://www.wjgnet.com/bpg/gerinfo/204
ISSN	GUIDELINES FOR ETHICS DOCUMENTS
ISSN 2307-8960 (online)	https://www.wjgnet.com/bpg/GerInfo/287
LAUNCH DATE	GUIDELINES FOR NON-NATIVE SPEAKERS OF ENGLISH
April 16, 2013	https://www.wjgnet.com/bpg/gerinfo/240
FREQUENCY	PUBLICATION ETHICS
Semimonthly	https://www.wjgnet.com/bpg/GerInfo/288
EDITORS-IN-CHIEF	PUBLICATION MISCONDUCT
Dennis A Bloomfield, Sandro Vento, Bao-gan Peng	https://www.wjgnet.com/bpg/gerinfo/208
EDITORIAL BOARD MEMBERS	ARTICLE PROCESSING CHARGE
https://www.wjgnet.com/2307-8960/editorialboard.htm	https://www.wjgnet.com/bpg/gerinfo/242
PUBLICATION DATE	STEPS FOR SUBMITTING MANUSCRIPTS
December 6, 2020	https://www.wjgnet.com/bpg/GerInfo/239
COPYRIGHT	ONLINE SUBMISSION
© 2020 Baishideng Publishing Group Inc	https://www.f6publishing.com

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World J Clin Cases 2020 December 6; 8(23): 6036-6042

DOI: 10.12998/wjcc.v8.i23.6036

ISSN 2307-8960 (online)

CASE REPORT

# Neoadjuvant targeted therapy for apocrine carcinoma of the breast: A case report

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Author contributions: Bao GQ conceived the study; Bao GQ and Yang P performed the treatment; Bao GQ and Peng SJ performed the imaging; Yang P and Dong YM collected the data; Yang L, Yang ZY and Hu X drafted the manuscript; Bao GQ reviewed and revised the manuscript.

#### Informed consent statement:

Informed written consent was obtained from the patient for publication of this report and any accompanying images.

Conflict-of-interest statement: The authors declare no conflict of interest.

CARE Checklist (2016) statement:

The authors have read the CARE Checklist (2016), and the manuscript was prepared and revised according to the CARE Checklist (2016).

Open-Access: This article is an open-access article that was selected by an in-house editor and fully peer-reviewed by external

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## Abstract

#### BACKGROUND

Apocrine carcinoma of the breast is a special type of invasive ductal carcinoma of the breast that is rare in clinical practice. Neoadjuvant therapy, especially neoadjuvant targeted therapy, has rarely been reported for apocrine carcinoma of the breast.

#### CASE SUMMARY

A 63-year-old woman presented with apocrine carcinoma of the left breast underwent core needle biopsy. The patient was diagnosed with apocrine carcinoma by immunohistochemical staining and negative hormone status (estrogen receptor and progesterone receptor) but showed overexpression of human epidermal factor receptor 2 (HER-2). Moreover, positive expression of androgen receptor (approximately 60%) and gross cystic disease fluid protein 15 was observed. The patient was treated with neoadjuvant targeted therapy consisting of the TCH regimen (docetaxel, carboplatin area under curve 6 and trastuzumab) every 21 d. The mass in the left breast was significantly reduced, and pain in the breast and left upper arm also improved.

#### CONCLUSION

HER-2 positive apocrine carcinoma of the breast can be improved by neoadjuvant chemotherapy combined with targeted therapy.

Key Words: Breast neoplasm; ErbB-2 receptor; Targeted therapy; Case report; Apocrine gland; Neoadjuvant therapies

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Manuscript source: Unsolicited manuscript

Specialty type: Surgery

Country/Territory of origin: China

#### Peer-review report's scientific quality classification

Grade A (Excellent): 0 Grade B (Very good): 0 Grade C (Good): C Grade D (Fair): 0 Grade E (Poor): 0

Received: May 15, 2020 Peer-review started: May 15, 2020 First decision: August 8, 2020 Revised: August 18, 2020 Accepted: October 26, 2020 Article in press: October 26, 2020 Published online: December 6, 2020

P-Reviewer: Rim CH S-Editor: Liu M L-Editor: Filipodia P-Editor: Zhang YL



**Core Tip:** A woman with apocrine carcinoma of the left breast underwent core needle biopsy. The patient was diagnosed with apocrine carcinoma by immunohistochemical staining and negative hormone status (estrogen receptor and progesterone receptor) but showed overexpression of human epidermal factor receptor 2. Moreover, positive expression of androgen receptor (approximately 60%) and gross cystic disease fluid protein 15 was observed. The patient was treated with neoadjuvant targeted therapy consisting of the TCH regimen (docetaxel, carboplatin area under curve 6 and trastuzumab) every 21 d. The mass in the left breast was significantly reduced, and pain in the breast and left upper arm also improved.

Citation: Yang P, Peng SJ, Dong YM, Yang L, Yang ZY, Hu XE, Bao GQ. Neoadjuvant targeted therapy for apocrine carcinoma of the breast: A case report. World J Clin Cases 2020; 8(23): 6036-6042

URL: https://www.wjgnet.com/2307-8960/full/v8/i23/6036.htm DOI: https://dx.doi.org/10.12998/wjcc.v8.i23.6036

### INTRODUCTION

Breast cancer is the most common malignant tumor in women worldwide and has become a major threat to women's health<sup>[1]</sup>. Invasive ductal carcinoma of no-specialtype is the most common type of breast cancer and constitutes up to 75% of all breast carcinomas. The remaining 25% are special histologic types including invasive apocrine carcinoma of the breast, which accounts for 0.4%-4.0% of all breast cancers in women<sup>[2-4]</sup>. Apocrine carcinoma of the breast is a rare invasive malignant tumor that is mainly composed of apocrine cells, which is defined by the World Health Organization as an invasive carcinoma with cytological features of apocrine cells<sup>[5]</sup>. More strictly, it is characterized by abundant eosinophilic and granular cytoplasm, centrally/eccentrically located nuclei with prominent nucleoli and distinct cell borders, and a distinct steroid receptor profile: Hormone receptor (HR)-negative and androgen receptor (AR)-positive cells<sup>[6]</sup>. "pure" apocrine carcinoma is defined by apocrine morphology in > 90% of tumor cells and immunohistochemical criteria, and it appears to have a worse disease-free survival rate<sup>[3]</sup>. So far, the precise significance of AR expression is not completely clear. Ni *et al*<sup>[7]</sup> showed that androgen stimulated the human epidermal factor receptor 2 (HER2) signaling pathway in estrogen receptor (ER)-negative and HER2-positive breast cancer, and AR blockade in these tumors impaired cell growth. Naderi et al<sup>[8]</sup> reported similar observations and demonstrated a functional "cross-talk" between androgen and HER2. Unfortunately, it is rarely used clinically at present. Anti-HER2 therapy is still the cornerstone for HR-negative and HER2-positive apocrine carcinoma of the breast. Neoadjuvant therapy is preferred for locally advanced breast cancer, especially HR-negative and HER2-amplified breast cancer. However, there are few reports on the efficacy of neoadjuvant targeted therapy for apocrine carcinoma. Informed content was obtained from the patient.

#### CASE PRESENTATION

#### Chief complaints

A 63-year-old woman found a mass in the superior lateral quadrant of the left breast, with no obvious discomfort, and she paid no attention to it.

#### History of present illness

During the next 2 years, the left breast mass gradually increased in size and was painful. She developed discomfort in the left upper limb and visited a local hospital many times (without an examination report). Surgical treatment was suggested, but the patient refused.

#### History of past illness

The patient had a free previous medical history.



#### Personal and family history

The patient has a history of good health, and there is no similar patient in the family members.

#### **Physical examination**

Physical examination showed that the skin in the outer upper quadrant of the left mammary gland was obviously sunken, and a hard mass about 5 cm × 6 cm, with an unclear boundary, irregular shape, and poor activity was found on palpation. No obvious enlarged lymph nodes were found in the axilla.

#### Laboratory examinations

No abnormalities were found in the patient's laboratory examinations.

#### Imaging examinations

Ultrasound showed a solid hypoechoic mass approximately 3.5 cm × 5.3 cm × 4.5 cm in size at the margin of the gland at 12-3 o'clock in the superior lateral quadrant of the left breast, and several hypoechoic lymph nodes of different sizes were detected in the left axilla. The largest lymph node was about 0.6 cm × 0.6 cm, and the lymphatic hilum structure had disappeared. No abnormalities were found in the right breast. Therefore, chest computed tomography (CT) scanning was performed, and the left breast mass was diagnosed as breast cancer, with no abnormalities in the lungs. Other results, including abdominal ultrasound, bone scan, and laboratory examinations, showed no abnormalities. There was no family history in genetic disorders.

#### Further diagnostic work-up

The patient underwent core needle biopsy of the left breast mass under ultrasound guidance, and the histopathological diagnosis was apocrine carcinoma. Immunohistochemical analysis showed negative expression of ER and progesterone receptor (PR), but positive expression of HER2 and AR (approximately 60%); gross cystic disease fluid protein 15 (GCDFP-15) was also positive (Figure 1).

#### FINAL DIAGNOSIS

The final diagnosis of the presented case is apocrine carcinoma of the breast. The clinical stage was T4N1M0 (IIIB).

#### TREATMENT

Considering that the patient had small breast volume, large breast lesion, late clinical stage, and local advanced breast cancer and her molecular type, neoadjuvant therapy seemed an effective choice. Therefore, after informed consent was obtained from her family members and the patient, neoadjuvant chemotherapy using the TCH regimen [docetaxel, carboplatin area under curve 6 and trastuzumab 8 mg/kg followed by 6 mg/kg every 21 d] and targeted therapy were administered. No significant side effects were observed during the treatment.

#### OUTCOME AND FOLLOW-UP

After 5 cycles of treatment, the left breast lesion was significantly reduced on CT examination (Figure 2). In November 2019, the patient underwent modified radical mastectomy. During the operation, mild edema and thickening of the left breast skin, unclear boundary of the breast lesions, and irregular morphology were observed, and no capsule or obvious calcified lesions were found in the specimen. The specimen was soaked in formalin solution and sent to the pathology department. Apocrine carcinoma of the breast was confirmed by pathology. The immunohistochemical results were as previously determined, but Ki-67 was reduced to 50%.

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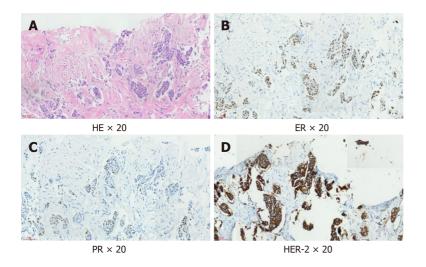


Figure 1 Immunohistochemical examination of the left breast mass. A: Hematoxylin-eosin staining, 20 ×; B: Estrogen receptor, 20 ×; C: Progesterone receptor, 20 ×; D: Human epidermal factor receptor 2, 20 ×. HE: Hematoxylin-eosin; ER: Estrogen receptor; PR: Progesterone receptor; HER2: Human epidermal factor receptor 2.



Figure 2 Left breast mass before and after neoadjuvant therapy on computed tomography examination.

#### DISCUSSION

Apocrine carcinoma of the breast remains largely unknown as studies have recruited a small number of patients and did not use well-defined criteria for apocrine carcinoma. "Molecular apocrine" carcinomas exhibit a prognostically poor gene signature with a high-risk recurrence score and a poor 70-gene prognosis signature<sup>[9]</sup>. Zhang et al<sup>[10]</sup> analyzed data from the SEER Program and suggested that compared with other invasive carcinomas, overall survival and disease-specific survival (DSS) were both worse in invasive apocrine adenocarcinoma patients than in invasive ductal carcinoma patients. Based on the Kaplan-Meier analysis, the prognosis of apocrine carcinoma is poor. Further study on the risk factors influencing the overall survival and diseasespecific survival by multifactor analysis confirmed that histological grade II/III, tumor size > 2 cm, and positive lymph nodes were associated with poor prognosis and that ER/PR positive breast conserving surgery, and radiotherapy were protective factors in DSS<sup>[10]</sup>. Nevertheless, Japaze *et al*<sup>[11]</sup> suggested that "pure" invasive apocrine carcinoma may be a distinct clinicopathological entity with less aggressive behavior than highgrade no-special-type cancer. In addition, Wu et al<sup>[12]</sup> identified 366 patients with triplenegative apocrine carcinoma of the breast and 30996 patients with triple-negative breast cancer and invasive ductal carcinoma from the SEER database. Patients with triple-negative apocrine carcinoma had a better prognosis than patients with triplenegative breast cancer, and chemotherapy was associated with survival advantages in patients with triple-negative apocrine carcinoma.

There are some contradictions in the prognostic study of apocrine carcinoma of the breast, which may be related to its unclear definition. In addition, the latest classification of breast tumors by the World Health Organization is equally inaccurate<sup>[13]</sup>. At present, most experts agree that the definition of pure apocrine carcinoma should be based on typical cell morphology and unique immunohistochemical characteristics<sup>[14,15]</sup>, as this profile matches closely the normal apocrine epithelium. Our



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patient was characterized by typical morphological manifestations and immune combinations.

Mammary apocrine cells have abundant eosinophilic and granular cytoplasm, centrally to eccentrically located nuclei with prominent nucleoli and distinctive cell borders, or less common apocrine cells with a foamy and vacuolated cytoplasm<sup>[16]</sup>. AR activation and signaling is a hallmark of apocrine differentiation in breast pathology; moreover, AR has been associated with HER2 signaling in apocrine carcinoma<sup>[17]</sup>. HER2 protein is overexpressed in approximately 15% of all breast carcinomas<sup>[18]</sup>, but the rate of HER2 overexpression is approximately 50% in apocrine carcinoma<sup>[19]</sup>. GCDFP-15, identified by Haagensen et al<sup>[20]</sup> in 1977, is a 15-kDa protein mapped to chromosome 7, and its expression has been associated with apocrine differentiation, including apocrine carcinoma, although its positivity has been confirmed in other breast carcinoma subtypes<sup>[20-22]</sup>. GCDFP-15 positive patients are associated with local recurrence and distant metastases<sup>[23]</sup>.

At present, clinical and radiological presentations of apocrine carcinoma do not differ from those seen in invasive ductal carcinomas<sup>[24]</sup>. Clinically, apocrine carcinoma usually presents with a palpable tumor mass, rarely with a bloody discharge from the nipple or as a cyst<sup>[25,26]</sup>. However, some studies have indicated a higher rate of apocrine carcinoma (and AR expression) in the elderly<sup>[26]</sup>.

With regard to treatment, some studies have indicated a poor response to chemotherapy in patients with apocrine carcinoma<sup>[27]</sup>, although HER2 enriched breast carcinomas tend to have the highest rate of complete response to neoadjuvant chemotherapy. Iizuka et al[28] described a case of triple-negative apocrine carcinoma treated with docetaxel/cyclophosphamide (four courses) and epirubicin/cyclophosphamide (four courses), with a complete pathologic response to neo-adjuvant chemotherapy. However, neoadjuvant targeted therapy for apocrine carcinoma of breast has rarely been reported. The breast mass in our patient was initially up to 5.3cm in diameter and was locally advanced; thus, she received the neoadjuvant TCH regimen and then underwent surgery after five cycles of treatment, which resulted in partial remission. Therefore, we believe that HER2 positive apocrine carcinoma of the breast can be treated with neoadjuvant targeted therapy.

#### CONCLUSION

As a rare invasive carcinoma, there is no special treatment at present for apocrine carcinoma of the breast. Appropriate treatment can be given based on immunohistochemical results. For HER2 positive locally advanced apocrine carcinomas of the breast, according to our experience, neoadjuvant targeted therapy is appropriate and can yield desirable results. The predictive role of AR expression and the efficacy of anti-AR therapy in the treatment of breast cancer have not been determined. More clinical evidence is needed.

#### ACKNOWLEDGEMENTS

The authors thank the patient for agreeing to publish this report.

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