



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words "case report" should be in the title along with the area of focus	<u>1</u>
Key Words	2	Four to seven key words—include "case report" as one of the key words	<u>2</u> line 44
Abstract	3a	Background: What does this case report add to the medical literature?	3 lines 55-60
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	lines 61-73, page 3
	3c	Conclusion: What is the main "take-away" lesson from this case?	lines 74-76, page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	lines 88-102, page 5
Timeline	5	Information from this case report organized into a timeline (table or figure)	/
Patient Information	6a	De-identified demographic and other patient or client specific information	page 5
	6b	Chief complaint—what prompted this visit?	106-108, page 5
	6c	Relevant history including past interventions and outcomes	lines 111-118, page 5, 6
Physical Exam	7	Relevant physical examination findings	lines 120-124, page 6
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	page 6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	/
	8c	Consider tables or figures linking assessment, diagnoses and interventions	/
	8d	Prognostic characteristics where applicable	/
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	} lines 165-190 pages 7, 8
	9b	Intervention administration such as dosage, frequency and duration	
	9c	Note changes in intervention with explanation	
	9d	Other concurrent interventions	
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	lines 193-196, page 9
	10b	Important follow-up diagnostic evaluations	//
	10c	Assessment of intervention adherence and tolerability, including adverse events	//
Discussion	11a	Strengths and limitations in your approach to this case	lines 204-252, page 9-11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	//
	11c	How does this case report suggest a testable hypothesis?	//
	11d	Conclusions and rationale	lines 254-281, page 11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	/NA
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	yes, page 7
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	KPA page 1, 2