

CARE Checklist (2016) of information to include when writing a case report

Topic	Item	Checklist item description	Line / Page
Title	1	The words “case report” should be in the title along with what is of greatest interest in this case	5 / 1
Key Words	2	The key elements of this case in 2 to 5 key words	28-29 / 3
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	5-7 / 3
	3b	The main symptoms of the patient and the important clinical findings	10-13 / 3
	3c	The main diagnoses, therapeutics interventions, and outcomes	15-17 / 3
	3d	Conclusion—What are the main “take-away” lessons from this case?	23-26 / 3
Introduction	4	Brief background summary of this case referencing the relevant medical literature	12-29 / 4, 1-12/5
Patient Information	5a	Demographic information (such as age, gender, ethnicity, occupation)	16/ 5
	5b	Main symptoms of the patient (his or her chief complaints)	17-18 / 5
	5c	Medical, family, and psychosocial history including co-morbidities, and relevant genetic information	1 / 6
	5d	Relevant past interventions and their outcomes	10-15/5
Clinical Findings	6	Describe the relevant physical examination (PE) findings	4-12 / 6
Timeline	7	Depict important milestones related to your diagnoses and interventions (table or figure)	PPt File
Diagnostic Assessment	8a	Diagnostic methods (such as PE, laboratory testing, imaging, questionnaires)	7-11 / 6 18-23 / 6
	8b	Diagnostic challenges (such as financial, language, or cultural)	
	8c	Diagnostic reasoning including other diagnoses considered	
	8d	Prognostic characteristics (such as staging in oncology) where applicable	
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	17 / 7
	9b	Administration of intervention (such as dosage, strength, duration)	19-29 / 7 1-11/8 14-21/8
	9c	Changes in intervention (with rationale)	
Follow-up and Outcomes	10a	Clinician-assessed outcomes and when appropriate patient-assessed outcomes	25-26/8
	10b	Important follow-up test results	26-28 8
	10c	Intervention adherence and tolerability (How was this assessed?)	
	10d	Adverse and unanticipated events	
Discussion	11a	Discussion of the strengths and limitations in the management of this case	6-11/ 9 23-28 / 9 1-4/ 9 16-18/9

	11b	Discussion of the relevant medical literature	14-15 / 9 19-22/9 16-18/10 23-25/10 1-2/11
	11c	The rationale for conclusions (including assessment of possible causes)	16-26 / 11
	11d	The main “take-away” lessons of this case report	27-29 / 11,1-2/12
Patient Perspective	12	Did the patient share his or her perspective or experience? (Include when appropriate)	Yes
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes
Additional Information		Acknowledgement section; Competing Interests; IRB approval when required	Yes