



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	56/1
Key Words	2	Four to seven key words—include “case report” as one of the key words	71/3/34
Abstract	3a	Background: What does this case report add to the medical literature?	44-50/3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	53-62/3
	3c	Conclusion: What is the main “take-away” lesson from this case?	65-69/3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	95-112/5
Timeline	5	Information from this case report organized into a timeline (table or figure)	407-411/44-48/44/16-18
Patient Information	6a	De-identified demographic and other patient or client specific information	115-125/5-6
	6b	Chief complaint—what prompted this visit?	126-133/6
	6c	Relevant history including past interventions and outcomes	139-131/6
			133-133/6
Physical Exam	7	Relevant physical examination findings	133-149/6
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	129-131/6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	131-133/6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	151/123/2/146-429/7-8
	8d	Prognostic characteristics where applicable	
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	125-185/7-8
	9b	Intervention administration such as dosage, frequency and duration	125-185/7-8
	9c	Note changes in intervention with explanation	125-185/7-8
	9d	Other concurrent interventions	125-185/7-8
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	180-182/7-8
	10b	Important follow-up diagnostic evaluations	184-185/8
	10c	Assessment of intervention adherence and tolerability, including adverse events	184-185/8
Discussion	11a	Strengths and limitations in your approach to this case	186-215/9-12
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	186-215/9-12
	11c	How does this case report suggest a testable hypothesis?	186-215/9-12
	11d	Conclusions and rationale	283-267/12
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	13-132/6
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	33-37/14
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	321-377/14