



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	___ 5/1 ___
Key Words	2	Four to seven key words—include “case report” as one of the key words	___ 1/3 ___
Abstract	3a	Background: What does this case report add to the medical literature?	___ 2/2 ___
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	___ 11/2 ___
	3c	Conclusion: What is the main “take-away” lesson from this case?	___ 26/2 ___
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	___ 16/4 ___
Timeline	5	Information from this case report organized into a timeline (table or figure)	___ 6/5 ___
Patient Information	6a	De-identified demographic and other patient or client specific information	___ 10/5 ___
	6b	Chief complaint—what prompted this visit?	___ 11/5 ___
	6c	Relevant history including past interventions and outcomes	___ 18/5 ___
Physical Exam	7	Relevant physical examination findings	___ 23/5 ___
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	___ 29/5 ___
	8b	Diagnostic reasoning including other diagnoses considered and challenges	___ 23/6 ___
	8c	Consider tables or figures linking assessment, diagnoses and interventions	___ NA ___
	8d	Prognostic characteristics where applicable	___ NA ___
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	___ 22/7 ___
	9b	Intervention administration such as dosage, frequency and duration	___ 8/8 ___
	9c	Note changes in intervention with explanation	___ NA ___
	9d	Other concurrent interventions	___ NA ___
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	___ 5/8 ___
	10b	Important follow-up diagnostic evaluations	___ 6/8 ___
	10c	Assessment of intervention adherence and tolerability, including adverse events	___ 11/8 ___
Discussion	11a	Strengths and limitations in your approach to this case	___ 9/9 ___
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	___ 27/9 ___
	11c	How does this case report suggest a testable hypothesis?	___ 16/10 ___
	11d	Conclusions and rationale	___ 24/10 ___
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	___ NA ___
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	___ Attached ___
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	___ Attached ___