



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title Key Words	1	The words "case report" should be in the title along with the area of focus	L05 p01
	2	Four to seven key words—include "case report" as one of the key words	L05 p01
Abstract	3a	Background: What does this case report add to the medical literature?	L03-05 p02
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	L03-05 p02
	3c	Conclusion: What is the main "take-away" lesson from this case?	L03-05 p02
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	L05-07 p02
Timeline	5	Information from this case report organized into a timeline (table or figure)	Supplemental Material
Patient Information	6a	De-identified demographic and other patient or client specific information	N/A
	6b	Chief complaint—what prompted this visit?	L27-28 p03
	6c	Relevant history including past interventions and outcomes	L27-28 p03
Physical Exam	7	Relevant physical examination findings	L29 p04
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	L02-03 p05
	8b	Diagnostic reasoning including other diagnoses considered and challenges	L29 p05
	8c	Consider tables or figures linking assessment, diagnoses and interventions	L29-30 p05
	8d	Prognostic characteristics where applicable	L29-30 p05
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	L03-09 p05-06
	9b	Intervention administration such as dosage, frequency and duration	L03-09 p05-06
	9c	Note changes in intervention with explanation	L03-09 p05-06
	9d	Other concurrent interventions	L03-09 p05-06
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	L03-09 p05-06
	10b	Important follow-up diagnostic evaluations	L03-09 p05-06
	10c	Assessment of intervention adherence and tolerability, including adverse events	L03-09 p05-06
Discussion	11a	Strengths and limitations in your approach to this case	L01-23 p11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	L02-04 p11
	11c	How does this case report suggest a testable hypothesis?	L02-04 p11
	11d	Conclusions and rationale	L02-04 p11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Relevant Documents
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Relevant Documents
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Relevant Documents