



An Effective Immune-Inflammation Index for Ulcerative Colitis and Activity

Assessments

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Assessment of Disease Activity by Fecal Immunochemical Test in Ulcerative Colitis Quantitative FIT can be a **non-invasive and effective biomarker** for evaluation of clinical and endoscopic activity in UC, but not predict the extent of disease.

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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4584567>

1. Introduction. Endoscopy is central to the **assessment** of disease **activity** in **ulcerative colitis** [UC] both in trials and in clinical practice, but **assessment** is often inconsistent. 1,2,3,4,5 **Activity** indices for UC, such as the Mayo Clinic Score, incorporate an endoscopic component and are commonly used to evaluate response to treatment in clinical trials. 6 Lack of consistency can affect the ...

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Assessment of Disease Activity by Fecal Immunochemical ...

<https://pubmed.ncbi.nlm.nih.gov/28082814>

Aim: To evaluate the efficacy of quantitative fecal immunochemical test (FIT) as biomarker of disease **activity** in **ulcerative colitis** (UC). Methods: Between February 2013 and November 2014, a total of 82 FIT results, obtained in conjunction with colonoscopies, were retrospectively evaluated for 63 patients with UC. The efficacy of FIT for evaluation of disease **activity** was compared to ...

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Author: Dae Gon Ryu, Hyung Wook Kim, Su Bum Pa...

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Background: The aim of this study was to investigate the effects of mind-body therapy on neuroendocrine and cellular immune measures, health-related quality of life and disease **activity** in patients with **ulcerative colitis** (UC) in remission. Methods: Thirty UC patients in remission or with low disease **activity** were randomly assigned to an intervention group (n = 15) or a usual-care waiting ...

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Ulcerative Colitis

Medical Condition

Inflammation and ulcers in the large intestine



- Abdominal pain and cramping
- Rectal agony and bleeding
- Joint pain
- Loose bowels

A condition where inflammation and ulceration of the colon and rectum is observed.

 Common (More than 200,000 cases per year in US)

 Often requires lab test or imaging

 Treatments can help manage condition, no known cure

 Can be lifelong

The cause is not specific but low immunity, stress and improper eating habits could lead to UC. It is characterized mainly by stomach pain and cramping. It can be treated by medication or surgery.

Symptoms

- Stomach pain and cramping
- Rectal pain