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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus\_3/1\_\_\_

**Key Words 2** Four to seven key words—include “case report” as one of the key words \_38-45/2-3

**Abstract 3a** Background: What does this case report add to the medical literature? \_22/1\_

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes \_25-26/2

**3c** Conclusion: What is the main “take-away” lesson from this case? \_30-36/2

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) \_69-73/4

**Timeline 5** Information from this case report organized into a timeline (table or figure) \_137/7\_

**Patient Information 6a** De-identified demographic and other patient or client specific information \_95/5\_\_

**6b** Chief complaint—what prompted this visit? \_96/5\_

**6c** Relevant history including past interventions and outcomes \_96-98/5

**Physical Exam 7** Relevant physical examination findings \_103/5\_

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. 105-110/5-6

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges \_115/6\_

**8c** Consider tables or figures linking assessment, diagnoses and interventions \_137/7\_

**8d** Prognostic characteristics where applicable \_135/7\_

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery \_122/6

**9b** Intervention administration such as dosage, frequency and duration \_123/6\_

**9c** Note changes in intervention with explanation \_117/6\_

**9d** Other concurrent interventions \_123/6

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) 128-136/6-7

**Outcomes 10b** Important follow-up diagnostic evaluations \_128/6\_

**10c** Assessment of intervention adherence and tolerability, including adverse events \_124/5\_

**Discussion 11a** Strengths and limitations in your approach to this case 118-120/6

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) \_187/9\_

**11c** How does this case report suggest a testable hypothesis? \_173-176/9

**11d** Conclusions and rationale \_184/9\_

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care \_132/7\_

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals \_213/11

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required \_220/11