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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus\_ 1\_\_\_\_\_\_

**Key Words 2** Four to seven key words—include “case report” as one of the key words \_\_2\_\_\_\_\_

**Abstract 3a** Background: What does this case report add to the medical literature? \_ \_2\_\_\_\_\_

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes \_\_\_2\_\_\_\_

**3c** Conclusion: What is the main “take-away” lesson from this case? \_\_\_\_2\_\_\_

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) \_\_ 3\_\_\_

**Timeline 5** Information from this case report organized into a timeline (table or figure) \_\_ 3\_\_\_\_\_

**Patient Information 6a** De-identified demographic and other patient or client specific information \_\_\_4\_\_\_\_

**6b** Chief complaint—what prompted this visit? \_\_\_4\_\_\_\_

**6c** Relevant history including past interventions and outcomes \_\_\_4\_\_\_\_

**Physical Exam 7** Relevant physical examination findings \_\_\_4\_\_\_\_

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. \_\_ 4\_\_\_

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges \_\_\_4\_\_\_

**8c** Consider tables or figures linking assessment, diagnoses and interventions \_\_4\_\_\_

**8d** Prognostic characteristics where applicable \_\_\_4\_\_\_

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery \_\_\_4-5\_\_\_

**9b** Intervention administration such as dosage, frequency and duration \_\_\_4-5\_\_\_

**9c** Note changes in intervention with explanation \_\_\_\_ 4-5\_\_

**9d** Other concurrent interventions \_\_\_\_\_\_\_

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) \_\_\_5\_\_\_

**Outcomes 10b** Important follow-up diagnostic evaluations \_\_\_5\_\_\_

**10c** Assessment of intervention adherence and tolerability, including adverse events \_\_\_5\_\_\_

**Discussion 11a** Strengths and limitations in your approach to this case \_\_\_ 5-6\_\_\_

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) \_\_\_5-6\_\_\_\_

**11c** How does this case report suggest a testable hypothesis? \_\_\_ 5-6\_\_\_\_

**11d** Conclusions and rationale \_\_\_\_5-6\_\_\_

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care \_\_\_\_\_\_\_

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals \_\_\_7\_\_\_\_

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required \_\_\_7\_\_\_\_