



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Page1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Page2
Abstract	3a	Background: What does this case report add to the medical literature?	Page2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Page2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Page2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Page4
Timeline	5	Information from this case report organized into a timeline (table or figure)	Page4
Patient Information	6a	De-identified demographic and other patient or client specific information	NO
	6b	Chief complaint—what prompted this visit?	Page4
	6c	Relevant history including past interventions and outcomes	Page4-5
Physical Exam	7	Relevant physical examination findings	Page5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Page5-6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Page4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Page13-14
	8d	Prognostic characteristics where applicable	Page6
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Page6
	9b	Intervention administration such as dosage, frequency and duration	Page6
	9c	Note changes in intervention with explanation	Page6
	9d	Other concurrent interventions	NO
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Page6
	10b	Important follow-up diagnostic evaluations	Page6
	10c	Assessment of intervention adherence and tolerability, including adverse events	Page6
Discussion	11a	Strengths and limitations in your approach to this case	Page8
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Page6-7
	11c	How does this case report suggest a testable hypothesis?	Page6-7
	11d	Conclusions and rationale	Page8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Page6
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Page12
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Page12