



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title Key Words	1	The words "case report" should be in the title along with the area of focus	L3/P1
	2	Four to seven key words—include "case report" as one of the key words	L2/P3
Abstract	3a	Background: What does this case report add to the medical literature?	L7/P2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	L5/P2
	3c	Conclusion: What is the main "take-away" lesson from this case?	L2/P2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	L10/P3
Timeline	5	Information from this case report organized into a timeline (table or figure)	L27/P3
Patient Information	6a	De-identified demographic and other patient or client specific information	L27/P3
	6b	Chief complaint—what prompted this visit?	L24/P3
	6c	Relevant history including past interventions and outcomes	L24/P3
Physical Exam	7	Relevant physical examination findings	L4/P4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	L11/P4
	8b	Diagnostic reasoning including other diagnoses considered and challenges	L17/P4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	L1/P4, L1/P11
	8d	Prognostic characteristics where applicable	L15/P3
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	L20/P4
	9b	Intervention administration such as dosage, frequency and duration	L11/P5
	9c	Note changes in intervention with explanation	L23/P4
	9d	Other concurrent interventions	L16/P5
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	L19/P5
	10b	Important follow-up diagnostic evaluations	L5/P5
	10c	Assessment of intervention adherence and tolerability, including adverse events	L8/P5
Discussion	11a	Strengths and limitations in your approach to this case	L13/P7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	L16/P7
	11c	How does this case report suggest a testable hypothesis?	L19/P7
	11d	Conclusions and rationale	L25/P7
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Y
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Y
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Y

