



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	2/1
Key Words	2	Four to seven key words—include “case report” as one of the key words	15/1
Abstract	3a	Background: What does this case report add to the medical literature?	19-22/2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	23-30/2
	3c	Conclusion: What is the main “take-away” lesson from this case?	31-33/2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	111-121/6-7
Timeline	5	Information from this case report organized into a timeline (table or figure)	64/4
Patient Information	6a	De-identified demographic and other patient or client specific information	63-64/4
	6b	Chief complaint—what prompted this visit?	65-67/4
	6c	Relevant history including past interventions and outcomes	65-85/4-5
Physical Exam	7	Relevant physical examination findings	89-91/5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	91-96/5-6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	97/6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	97-103/6
	8d	Prognostic characteristics where applicable	105-106/6
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	97-103/6
	9b	Intervention administration such as dosage, frequency and duration	102-103/6
	9c	Note changes in intervention with explanation	-/-
	9d	Other concurrent interventions	-/-
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	86/6
	10b	Important follow-up diagnostic evaluations	105-106/6
	10c	Assessment of intervention adherence and tolerability, including adverse events	-/-
Discussion	11a	Strengths and limitations in your approach to this case	109-112/6-7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	138-149/8
	11c	How does this case report suggest a testable hypothesis?	131-137/7-8
	11d	Conclusions and rationale	150-153/8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	124-130/7
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	159-160/9
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	162-163/9