



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Page1 Line6
Key Words	2	Four to seven key words—include “case report” as one of the key words	Page3 Line28-29
Abstract	3a	Background: What does this case report add to the medical literature?	Page3 Line3-6
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Page3 Line9-19
	3c	Conclusion: What is the main “take-away” lesson from this case?	Page 3 Line22-26
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Page 5 Line2-27
Timeline	5	Information from this case report organized into a timeline (table or figure)	Page6 Line1-13
Patient Information	6a	De-identified demographic and other patient or client specific information	Page 6 Line15-20
	6b	Chief complaint—what prompted this visit?	Page 6 Line1-2
	6c	Relevant history including past interventions and outcomes	Page6 Line8-10
Physical Exam	7	Relevant physical examination findings	Page6 Line15-20
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Page6 Line26-30 Page7 Line1-30 Page8 Line1-8
	8b	Diagnostic reasoning including other diagnoses considered and challenges	N/A
	8c	Consider tables or figures linking assessment, diagnoses and interventions	N/A
	8d	Prognostic characteristics where applicable	Page9 Line1-3
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Page8 Line22-29
	9b	Intervention administration such as dosage, frequency and duration	N/A
	9c	Note changes in intervention with explanation	N/A
	9d	Other concurrent interventions	N/A
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Page9 Line2-3
	10b	Important follow-up diagnostic evaluations	N/A
	10c	Assessment of intervention adherence and tolerability, including adverse events	N/A
Discussion	11a	Strengths and limitations in your approach to this case	Page9 Line16-18 Page11Line13-18
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Page12 Line20-25
	11c	How does this case report suggest a testable hypothesis?	Page7 Line10-30
	11d	Conclusions and rationale	Page12 Line28-30 Page13 Line1-13
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Page6 Line1-2
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Page19 Line2-3
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Page19 Line5-6 Page13Line16-17