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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus\_\_L6/P1\_\_\_

**Key Words 2** Four to seven key words—include “case report” as one of the key words \_L24/P2\_\_\_

**Abstract 3a** Background: What does this case report add to the medical literature? \_L2-9//P2\_\_

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes \_L12-18//P2

**3c** Conclusion: What is the main “take-away” lesson from this case? L2-921-22//P2

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) \_L5-16/P3\_

**Timeline 5** Information from this case report organized into a timeline (table or figure) Figure 1/P12\_

**Patient Information 6a** De-identified demographic and other patient or client specific information \_NO\_\_\_\_\_\_

**6b** Chief complaint—what prompted this visit? \_L31-32/3\_\_

**6c** Relevant history including past interventions and outcomes L2-5/P4 \_

**Physical Exam 7** Relevant physical examination findings \_\_ L8/P4\_\_

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. L11-15/P4

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges NO\_\_\_\_

**8c** Consider tables or figures linking assessment, diagnoses and interventions NO\_\_\_\_

**8d** Prognostic characteristics where applicable \_\_\_ NO\_\_\_\_

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery NO\_\_\_\_\_

**9b** Intervention administration such as dosage, frequency and duration L22-24/P4\_

**9c** Note changes in intervention with explanation \_ NO\_\_\_\_\_ **9d** Other concurrent interventions NO\_\_\_\_\_

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate)

**Outcomes 10b** Important follow-up diagnostic evaluations

**10c** Assessment of intervention adherence and tolerability, including adverse events P4-P5\_\_\_

**Discussion 11a** Strengths and limitations in your approach to this case P6-8\_\_\_\_

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) P6-8\_\_\_\_

**11c** How does this case report suggest a testable hypothesis? P6-8\_\_\_\_

**11d** Conclusions and rationale P6-8\_\_\_\_

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care NO\_\_\_\_

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals L11-14/P9

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required L17-18/P9