



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 2 / Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 69 / Page 5
Abstract	3a	Background: What does this case report add to the medical literature?	Line 45 / Page 5
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 52 / Page 5
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 65 / Page 5
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 83 / Page 7
Timeline	5	Information from this case report organized into a timeline (table or figure)	Line 420 / Page 23
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 97 / Page 7
	6b	Chief complaint—what prompted this visit?	Line 96 / Page 7
	6c	Relevant history including past interventions and outcomes	Line 101 / Page 7
Physical Exam	7	Relevant physical examination findings	Line 120 / Page 8
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 128 / Page 8
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 152 / Page 9
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Line 382-404 / Page 20-22
	8d	Prognostic characteristics where applicable	Line 161 / Page 9
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 159 / Page 9
	9b	Intervention administration such as dosage, frequency and duration	Line 156 / Page 9
	9c	Note changes in intervention with explanation	Line 162 / Page 9
	9d	Other concurrent interventions	Line 158 / Page 9
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 162 / Page 9
	10b	Important follow-up diagnostic evaluations	Line 164 / Page 9
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 165 / Page 9
Discussion	11a	Strengths and limitations in your approach to this case	Line 199 / Page 11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 174 / Page 10
	11c	How does this case report suggest a testable hypothesis?	Line 189 / Page 10
	11d	Conclusions and rationale	Line 227 / Page 12
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line 162 / Page 9
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 31 / Page 1
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 234 / Page 12