



MEDICAL AND HEALTH RESEARCH ETHICS COMMITTEE (MHREC)  
FACULTY OF MEDICINE GADJAH MADA UNIVERSITY  
– DR. SARDJITO GENERAL HOSPITAL



ETHICS COMMITTEE APPROVAL

Ref : KE/FK/0002 /EC/2018

Title of the Research Protocol : Pengaruh Konsumsi Probiotik Powder *Indigenous* dalam Menyehatkan Saluran Pencernaan pada Penderita Obesitas

Documents Approved : 1. Study Protocol versi 01 2018  
2. Information for Subjects versi 01 2018  
3. Informed consent form versi 01 2018  
4. Brochure

Principle Investigator : Prof. Dr. Ir. Endang S. Rahayu, MS.

Participating Investigator(s) : 1. Dr. Ir. Tyas Utami, M.Sc.  
2. Dr. Rini Yanti, STP., MP  
3. Prof. dr. Mohammad Juffrie, Sp.A(K)., Ph.D.  
4. Prof. Agung Endro Nugroho, S.Si., M.Si., Ph.D., Apt.  
5. Mariyatun  
6. Ahmad Mustangin  
7. Nurul Ain Mahfuzah  
8. Husnita Komalasari

Date of Approval : 02 JAN 2019  
(Valid for one year beginning from the date of approval)

Institution(s)/place(s) of research : 1. Pramitha Laboratorium Yogyakarta  
2. Laboratorium Pangan dan Gizi Fakultas Teknologi Pertanian UGM  
3. Laboratorium Bioteknologi Pusat Studi Pangan dan Gizi (PSPG), Universitas Gadjah Mada  
4. Laboratorium Penelitian dan Pengujian Terpadu (LPPT) Universitas Gadjah Mada, Yogyakarta

The Medical and Health Research Ethics Committee (MHREC) states that the above protocol meets the ethical principle outlined in the Declaration of Helsinki 2013 and therefore can be carried out.

The Medical and Health Research Ethics Committee (MHREC) has the right to monitor the research activities at any time.

The investigator(s) is/are obliged to submit:

- ☐ Progress report as a continuing review : Annually
- ☐ Report of any serious adverse events (SAE)
- ☒ Final report upon the completion of the study

Prof. dr. Madarina Julia, Sp.A(K)., MPH., Ph.D  
Chairperson

dr. Shinta Prawitasari, M.Kes., Sp. OG(K)  
Secretary

Attachments:

- ☐ Continuing review submission form (AF 4.3.01-014.2013-03)
- ☐ Serious adverse events (SAE) report form (AF 6.1.01- 019.2013-03)