



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>Line3/Page1</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>Line86/Page3</u>
Abstract	3a	Background: What does this case report add to the medical literature? Casesummary: chiefcomplaint, diagnoses,	<u>Line60-65/Page3</u>
	3b	interventions, and outcomes Conclusion: What is the main “take-away” lesson from this case?	<u>Line67-77/Page3</u>
	3c		<u>Line79-83/Page3</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>Line67-77/Page3</u>
Timeline	5	Information from this case report organized into a timeline (table or figure)	<u>Line121-147/Page5</u>
Patient Information	6a	De-identified demographic and other patient or clientspecific information Chief complaint—what prompted this visit?	<u>None</u>
	6b	Relevant history including past interventions and outcomes	<u>Line150-152/Page5</u>
	6c		<u>Line163-164/Page6</u>
Physical Exam	7	Relevant physical examination findings	<u>Line169-171/Page6</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>Line173-219/Page6-8</u>
	8b	Diagnostic reasoning including other diagnoses considered and challenges Consider tables or figures linking assessment, diagnoses and interventions Prognostic characteristics where applicable	
	8c		<u>Line188-219/Page6-8</u>
	8d		
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration	
	9b		
	9c		
	9d	Note changes in intervention with explanation Other concurrent interventions	<u>Line225-227/Page8</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>Line229-232/Page8</u>
	10b	Important follow-up diagnostic evaluations	
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>Line229-232/Page8</u>
Discussion	11a	Strengths and limitations in your approach to this case	<u>Line234-257/Page8-9</u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>Line258-287/Page9-10</u>
	11c	How does this case report suggest a testable hypothesis?	<u>Line288-324/Page10-11</u>
	11d	Conclusions and rationale	<u>Line326-332/Page11</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>Line328-332/Page11</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>Line495-496/Page17</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>Line498-499/Page17</u>