



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title Key Words	1		The words “case report” should be in the title along with the area of focus	page 1, line 6
	2		Four to seven key words—include “case report” as one of the key words	page 2, line 25
Abstract	3a		Background: What does this case report add to the medical literature?	page 3, lines 3-8
	3b		Case summary: chief complaint, diagnoses, interventions, and outcomes	page 3, lines 10-16
	3c		Conclusion: What is the main “take-away” lesson from this case?	page 3, lines 18-22
Introduction	4		The current standard of care and contributions of this case—with references (1-2 paragraphs)	page 4, lines 2-13
Timeline	5		Information from this case report organized into a timeline (table or figure)	not applicable
Patient Information	6a		De-identified demographic and other patient or client specific information	page 4, line 16
	6b		Chief complaint—what prompted this visit?	page 4, lines 16-17
	6c		Relevant history including past interventions and outcomes	page 4, lines 21-25
Physical Exam	7		Relevant physical examination findings	page 4, lines 30-34
Diagnostic Assessment	8a		Evaluations such as surveys, laboratory testing, imaging, etc.	page 5, lines 2-12
	8b		Diagnostic reasoning including other diagnoses considered and challenges	page 5, lines 14-16
	8c		Consider tables or figures linking assessment, diagnoses and interventions	not applicable
	8d		Prognostic characteristics where applicable	not applicable
Interventions	9a		Types such as life-style recommendations, treatments, medications, surgery	page 4, lines 18-31
	9b		Intervention administration such as dosage, frequency and duration	not applicable
	9c		Note changes in intervention with explanation	page 5, lines 28-31
	9d		Other concurrent interventions	not applicable
Follow-up and Outcomes	10a		Clinician assessment (and patient or client assessed outcomes when appropriate)	page 6, lines 1-2
	10b		Important follow-up diagnostic evaluations	page 6, lines 6-7
	10c		Assessment of intervention adherence and tolerability, including adverse events	page 6, lines 5-7
Discussion	11a		Strengths and limitations in your approach to this case	page 6, lines 9-12
	11b		Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	page 7, lines 3-11
	11c		How does this case report suggest a testable hypothesis?	page 7, lines 3-7
	11d		Conclusions and rationale	page 7, lines 17-24
Patient Perspective	12		When appropriate include the assessment of the patient or client on this episode of care	not applicable
Informed Consent	13		Informed consent from the person who is the subject of this case report is required by most journals	page 10, lines 2-3
Additional Information	14		Acknowledgement section; Competing Interests; IRB approval when required	page 10, line 5