



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>5/1</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>19,20/3</u>
Abstract	3a	Background: What does this case report add to the medical literature?	<u>2-5/3</u>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>7-13/3</u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u>15-17/3</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>14-22/5</u>
Timeline	5	Information from this case report organized into a timeline (table or figure)	<u>N/A</u>
Patient Information	6a	De-identified demographic and other patient or client specific information	26-28/5; 11,12/7; 24,25/8
	6b	Chief complaint—what prompted this visit?	25-28/5; 10-12/7; 23-25/8
	6c	Relevant history including past interventions and outcomes	1-7/6; <u>14-20/7</u> ; 27,28/8; 1,2/9
Physical Exam	7	Relevant physical examination findings	<u>9,10/6</u> ; <u>22,23/7</u> ; 4,5/9
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	12-23/6; 25-28/7; 1-9/8; 7-17/9
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>10-17/10</u> ; <u>6,7/11</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	17-20/6; 1-4,8,9/8; 12-14/9
	8d	Prognostic characteristics where applicable	<u>5-7/7</u> ; <u>19,20/8</u> ; 27/9
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	1,2/7; <u>15,16/8</u> ; 23,24/9
	9b	Intervention administration such as dosage, frequency and duration	1,2/7; <u>15,16/8</u> ; 23,24/9
	9c	Note changes in intervention with explanation	<u>7,8/8</u>
	9d	Other concurrent interventions	<u>28/8</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	6,7/7; 19,20/8; 27/9
	10b	Important follow-up diagnostic evaluations	4-7/7; 18-20/8; 26,27/9
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>7,8/8</u>
Discussion	11a	Strengths and limitations in your approach to this case	6-10/11; 2-5/11; 23-27/11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>3-7/10</u>
	11c	How does this case report suggest a testable hypothesis?	14-17/10; 6-10/11
	11d	Conclusions and rationale	<u>21-27/11</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>N/A</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>2,3/14</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>5/14</u>