



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
<b>Title</b>	1	The words “case report” should be in the title along with the area of focus	✓ Pg 1
<b>Key Words</b>	2	Four to seven key words—include “case report” as one of the key words	✓ Pg 3
<b>Abstract</b>	3a	Background: What does this case report add to the medical literature?	✓ Pg 2-3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	
	3c	Conclusion: What is the main “take-away” lesson from this case?	
<b>Introduction</b>	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	✓ Pg 4
<b>Timeline</b>	5	Information from this case report organized into a timeline (table or figure)	N/A
<b>Patient Information</b>	6a	De-identified demographic and other patient or client specific information	✓ Pg 5
	6b	Chief complaint—what prompted this visit?	
	6c	Relevant history including past interventions and outcomes	
<b>Physical Exam</b>	7	Relevant physical examination findings	✓ Pg 5
<b>Diagnostic Assessment</b>	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	✓ Pg 5-8
	8b	Diagnostic reasoning including other diagnoses considered and challenges	
	8c	Consider tables or figures linking assessment, diagnoses and interventions	
	8d	Prognostic characteristics where applicable	
<b>Interventions</b>	9a	Types such as life-style recommendations, treatments, medications, surgery	✓ Pg 8
	9b	Intervention administration such as dosage, frequency and duration	/
	9c	Note changes in intervention with explanation	
	9d	Other concurrent interventions	
<b>Follow-up and Outcomes</b>	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	✓ Pg 9
	10b	Important follow-up diagnostic evaluations	
	10c	Assessment of intervention adherence and tolerability, including adverse events	
<b>Discussion</b>	11a	Strengths and limitations in your approach to this case	✓ Pg 9-14
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	
	11c	How does this case report suggest a testable hypothesis?	
	11d	Conclusions and rationale	
<b>Patient Perspective</b>	12	When appropriate include the assessment of the patient or client on this episode of care	N/A
<b>Informed Consent</b>	13	Informed consent from the person who is the subject of this case report is required by most journals	✓
<b>Additional Information</b>	14	Acknowledgement section; Competing Interests; IRB approval when required	N/A