



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/ Page
Title Key Words Abstract	1	The words "case report" should be in the title along with the area of focus	4/1
	2	Four to seven key words—include "case report" as one of the key words	26/3
	3a 3b 3c	Background: What does this case report add to the medical literature? Case summary: chief complaint, diagnoses, interventions, and outcomes Conclusion: What is the main "take-away" lesson from this case?	26/3 26/3 22/43
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	7-17/4
Timeline	5	Information from this case report organized into a timeline (table or figure)	/
Patient Information	6a	De-identified demographic and other patient or client specific information	20-22/4
	6b	Chief complaint—what prompted this visit?	20-22/4
	6c	Relevant history including past interventions and outcomes	24-25/4
Physical Exam	7	Relevant physical examination findings	27-30/4, 1-7/5 9-12/5, 1-6/6, 1-14/3 1-7/10, 1-3/12, 1-14/3
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	/
	8b	Diagnostic reasoning including other diagnoses considered and challenges	/
	8c	Consider tables or figures linking assessment, diagnoses and interventions	/
	8d	Prognostic characteristics where applicable	/
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	/
	9b	Intervention administration such as dosage, frequency and duration	/
	9c	Note changes in intervention with explanation	/
	9d	Other concurrent interventions	/
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	/
	10b	Important follow-up diagnostic evaluations	/
	10c	Assessment of intervention adherence and tolerability, including adverse events	/
Discussion	11a	Strengths and limitations in your approach to this case	22-29/7, 1/8
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	1/8
	11c	How does this case report suggest a testable hypothesis?	3-12/8
	11d	Conclusions and rationale	/
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	/
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	24-27/11
Additional Information	14	Acknowledgement section, Competing Interests, IRB approval when required	29-30/8, 29/11