



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 4-5/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 62-63/Page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Line 39-43/Page 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 46-56/Page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 59-60/Page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 73-92/Page 5
Timeline	5	Information from this case report organized into a timeline (table or figure)	Not Applicable
Patient Information	6a	De-identified demographic and other patient or client specific information	Not Applicable Line 96-111/Page 5-6
	6b	Chief complaint—what prompted this visit?	Line 96-97/Page 5
	6c	Relevant history including past interventions and outcomes	Line 100-111/Page 5-6
Physical Exam	7	Relevant physical examination findings	Line 114/Page 6
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 117-136/Page 6-7
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 142-147/Page 7
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 1
	8d	Prognostic characteristics where applicable	Not Applicable
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 150-174/Page 7-8
	9b	Intervention administration such as dosage, frequency and duration	Line 150-174/Page 7-8
	9c	Note changes in intervention with explanation	Not Applicable
	9d	Other concurrent interventions	Not Applicable
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 177-185/Page 8-9
	10b	Important follow-up diagnostic evaluations	Line 177-185/Page 8-9
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 178-182/Page 8
Discussion	11a	Strengths and limitations in your approach to this case	Line 188-239/Page 9-10
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 188-239/Page 9-10
	11c	How does this case report suggest a testable hypothesis?	Line 188-239/Page 9-10
	11d	Conclusions and rationale	Line 242-246/Page 11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Pts. did not want to share.
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Documents are provided.
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 298-209/Page 13