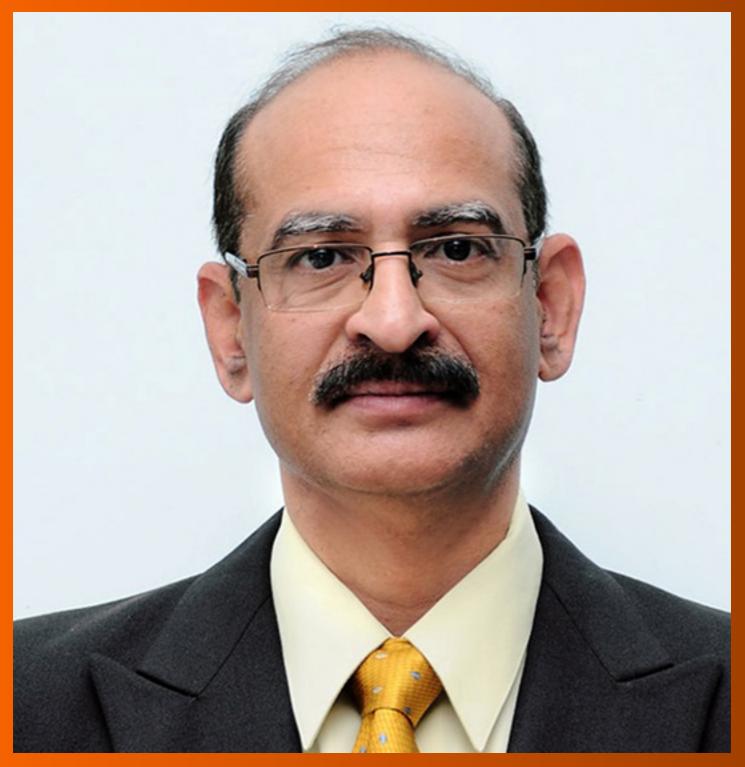
# World Journal of *Clinical Cases*

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#### **ABOUT COVER**

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The primary aim of World Journal of Clinical Cases (WJCC, World J Clin Cases) is to provide scholars and readers from various fields of clinical medicine with a platform to publish high-quality clinical research articles and communicate their research findings online.

WJCC mainly publishes articles reporting research results and findings obtained in the field of clinical medicine and covering a wide range of topics, including case control studies, retrospective cohort studies, retrospective studies, clinical trials studies, observational studies, prospective studies, randomized controlled trials, randomized clinical trials, systematic reviews, meta-analysis, and case reports.

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CASE REPORT

## A rare occurrence of a hereditary Birt-Hogg-Dubé syndrome: A case report

You-Ran Lu, Qing Yuan, Jian Liu, Xue Han, Min Liu, Qing-Quan Liu, Yu-Guang Wang

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Author contributions: Lu YR, Han X, and Liu M analysed data; Lu YR wrote the manuscript; Yuan Q, Liu J, Liu QQ, and Wang YG made the manuscript revisions; All authors reviewed the results and approved the final version of the manuscript.

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#### Abstract

#### BACKGROUND

Birt-Hogg-Dubé (BHD) syndrome is a rare autosomal dominant disease caused by germline mutations in the folliculin (FLCN) protein gene, which usually manifests as cutaneous fibrofolliculoma, pulmonary cysts, renal cell carcinoma, and spontaneous pneumothorax.

#### CASE SUMMARY

A 26-year-old woman with no history of smoking was admitted to the Respiratory Department of our hospital due to intermittent wheezing that lasted for 8 mo. She had experienced recurrent spontaneous pneumothorax more than four times during the past 8 mo. After admission, the patient again suffered from left pneumothorax without a clear reason. Lung computed tomography (CT) showed multiple low-density cystic changes in both lungs. Physical examination on admission revealed multiple white dome-shaped papules in the neck, the nape, and behind the ear. In addition, the patient had a family history of spontaneous pneumothorax. Her mother had suffered from pneumothorax four times (at age 36, 37, 42, and 50 years). Her second maternal aunt had suffered from a right pneumothorax at the age of 40. The multidisciplinary diagnosis of BHD, which included the Respiratory Department, Radiology Department, Pathology Department, and Dermatological Department, was BHD and was later confirmed by family genetic testing. The same variation (FLCN gene) was found in the patient's mother and aunt.

**CONCLUSION** 



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This case highlights the importance of multidisciplinary diagnosis and a treatment platform for the diagnosis of BHD.

Key Words: Birt-Hogg-Dubé syndrome; Spontaneous pneumothorax; Cystic lesions in the lungs; Multidisciplinary diagnosis and treatment; Germline mutations in the folliculin; Case report

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Core Tip: Birt-Hogg-Dubé (BHD) syndrome involves multiple organs and systems of the human body, with complex and diverse clinical manifestations. In addition, physicians lack sufficient knowledge and experience in the diagnosis and treatment of this rare disease. This case highlights the importance of establishing a multidisciplinary diagnosis and treatment platform for the clinical diagnosis and treatment process, which is of great significance for the accurate identification of BHD.

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#### INTRODUCTION

Birt-Hogg-Dubé (BHD) syndrome is a rare autosomal dominant disease caused by germline mutations in the folliculin (FLCN) protein gene. The incidence of BHD syndrome is still unclear. At present, approximately 200 families with BHD with pathogenic FLCN mutations have been reported worldwide[1]. These patients usually present with cutaneous fibrofolliculoma, pulmonary cysts, renal cell carcinoma, and spontaneous pneumothorax. Spontaneous pneumothorax is considered the most common manifestation. It has been estimated that up to 5%-10% of individuals with primary spontaneous pneumothorax have underlying BHD[2].

Herein, we report a case of a 26-year-old female patient from China who had recurrent spontaneous pneumothorax due to genetic predisposition.

#### CASE PRESENTATION

#### Chief complaints

A 26-year-old woman with no history of smoking presented to the Respiratory Department of our hospital due to intermittent wheezing that lasted for 8 mo.

#### History of present illness

The patient had developed recurrent spontaneous pneumothorax more than four times during the past 8 mo, but had no fever, chest pain, or hemoptysis. The patient occasionally experienced cough, mild panting, and suffocation. In January 2018, the patient experienced mild panting and developed dyspnoea for the first time. Chest Xray showed left pneumothorax, after which left closed thoracic drainage was performed. In May 2018, the patient presented with mild panting and suffocation. Chest X-ray showed left pulmonary pneumothora and mild left lower lung atelectasis. Pulmonary bulla resection was performed under thoracoscopy and general anaesthesia. After surgery, the pathological findings showed blood stasis of the lung tissues, alveolar ectasia and fusion, bullous formation, proliferation of fibrous tissue of the blister wall, and chronic inflammatory cell infiltration. In July and August 2018, the patient suffered from pneumothorax in the left lung.

#### History of past illness

According to the patient, she was diagnosed with allergic purpura at the age of 14 and



had proteinuria for 8 years.

#### Physical examination

Physical examination revealed no abnormalities. The lung sounds were clear bilateral.

#### Laboratory examinations

After admission to our hospital, routine urinary microscopy showed occult blood 2+. Respiratory-associated tumour marker was confirmed to be squamous-cell carcinoma  $3.30 \mu g/L$ . Arterial blood gases, complete blood count, comprehensive metabolic panel, C-reactive protein, and erythrocyte sedimentation rate were all within normal limits.

#### Imaging examinations

The patient's lung computed tomography (CT) examination showed low-density cystic changes in the right lung, left lung, and interlobular fissure (Figure 1). After admission, the patient suffered from left pneumothorax again without a clear reason. The bedside chest radiograph indicated that the left lung tissue was compressed by 30% (Figure 2). Abdominal ultrasound and abdominal and pelvic enhanced CT showed no renal tumour but a high-density shadow on the right liver (the right abdomen) (Figure 3).

#### Further diagnostic work-up

The patient underwent pulmonary bulla resection under video-assisted thoracoscopic surgery and pleurodesis under the guidance of general anaesthesia. The postoperative pathological reports displayed pulmonary emphysema-like changes with pulmonary bullae formation and small interlobular septa in the partially enlarged cystic cavity. Normal lung tissue had partial interstitial congestion (Figure 4).

In addition, the patient had a family history of spontaneous pneumothorax. The patient's mother and her second maternal aunt had suffered from recurrent spontaneous pneumothorax in the past. The mother had the worst condition, which manifested as lung-free marking and pleural line shadow in the right lung, the right lung being compressed into the hilar region by about 70%, compression into a striplike solid shadow of the right lung, multiple thin-walled cavities of varied sizes in the whole lung (with the maximal length of about 79 mm at diameter), and a small amount of effusion in the right pleural cavity (Figure 5).

Her second maternal aunt developed right pneumothorax at the age of 40. To review the common features, the patient, her mother, and her second maternal aunt underwent chest CT. The results revealed pulmonary alveolar or cystic changes in all of the subjects. In addition, the chest and abdominal CT of her first maternal aunt indicated a saccular shadow of the right lower lobe and a possible left renal hamartoma. Her uncle (mother's brother) had no pulmonary bulla or cystic changes or lesions in the kidney.

Multiple white dome-shaped papules with a diameter of < 0.5 mm were found on the anterior and posterior neck and the posterior side of the ears of the patient (Figure 6). Meanwhile, multiple white dome-shaped papules were found on the mother's and her second maternal aunt's necks, cheeks, and posterior ears (Figure 7). The dermatologist considered that the patient's papules conformed to the appearance of fibrofolliculomas but required pathological confirmation. Mild infiltration of lymphocytes around the vessels in the superficial dermis with melanophage showed dominant findings in the pathological specimens of the patient's skin (Figure 8).

Due to the patient's history of recurrent spontaneous pneumothorax, multiple skin papules, cystic lesions in the lungs, and a family history of pneumothorax, we suspected a congenital disease, particularly BHD. The family tree is shown in Figure 9.

After obtaining written informed consent from the patient and her family, we accomplished the family genetic test for BHD. Seven of the family members underwent genetic analysis, which included extracting the genomic DNA from peripheral blood leukocytes. The results showed that the patient's FLCN gene was located on chromosome 17. The nomenclature of the variant was c.1285dup. The heterozygous nucleotide variation of c.1285\_1286insC (interpolation of C at 1285\_1286 nucleotides of the coding region) was found in the FLCN gene of the subject. This mutation occurred due to a change in amino acid synthesis starting from amino acid His, No. 429, and terminating at 27<sup>th</sup> amino acid after the change p. (His429Profs\*27) as a frameshift variant, which we believe affected the protein function. The American College of Medical Genetics and Genomics rating suggested PVS1 and PM2 by taking into consideration the suspected diseases (Figure 10). The genetic test of the patient's



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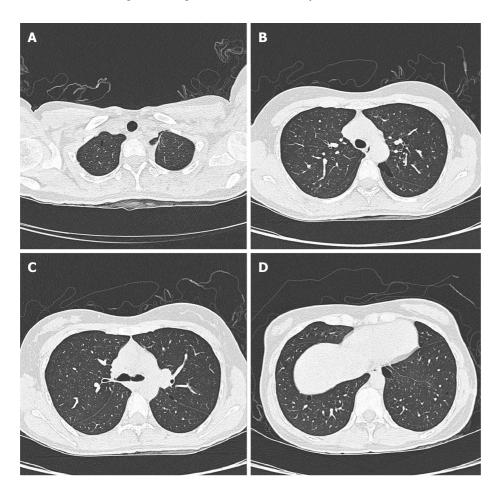


Figure 1 Patient's axial computed tomography image showing multiple thin-walled cysts with clear margins and diverse sizes. A: Small thin-walled cyst located in the apical segment of the right upper lobe; B and C: Irregular morphology cysts located in the apical posterior segment; D: Lower chest showing subpleural cysts at both lung bases.

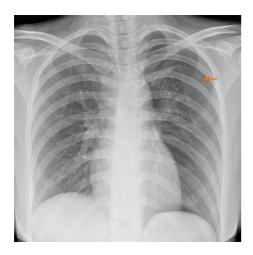


Figure 2 X-ray showing pneumothorax. Patient's chest X-ray showing pneumothorax in the left lung; the lung tissue was compressed to about 30%. The orange arrow represents the pneumothorax line.

mother also showed mutations in this site, considering that the variation of the patient's *FLCN* gene was derived from her mother. The pathogenicity of this mutation has been reported in the literature and is associated with BHD syndrome[3].

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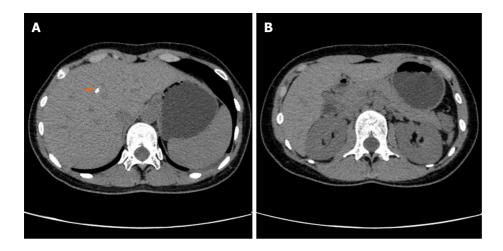


Figure 3 Abdominal computed tomography. A: Dotted high-density shadow (orange arrow) on the right liver; B: No abnormal occupation was captured in the kidneys.

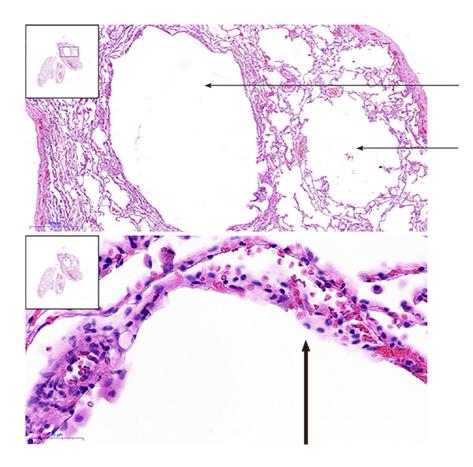


Figure 4 Postoperative pathological reports. The postoperative pathological reports displayed the formation of multiple cysts (thin arrow). The inner surface of the pulmonary cyst was covered with alveolar epithelium (thick arrow).

#### **FINAL DIAGNOSIS**

The final diagnosis of the presented case was BHD syndrome.

#### TREATMENT

The patient developed pneumothorax five times during the hospital stay from January to August 2018, and the interval between pneumothorax attacks was gradually shortened. On August 2, 2018, the patient underwent closed thoracic drainage. On August 22, pneumothorax in the left lung occurred again with only a 20-d interval. In



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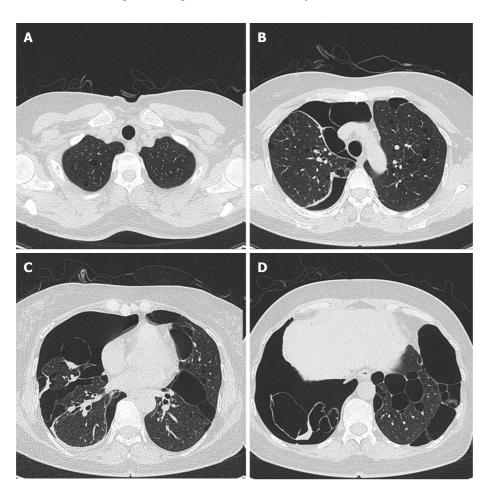


Figure 5 Axial computed tomography images. A: The patient's mother showed multiple thin-walled cysts in the apical segment of the right upper lobe; B: Irregular morphology cysts located in the upper-lung of both sides; C: Bilateral multiple lung cysts located at the level of the upper mediastinum; D: Right-sided pneumothorax and bilateral lung cysts located at both lung bases.



Figure 6 Multiple white dome-shaped papules visible in the neck of the patient that were consistent with the featured lesions of Birt-Hogg-Dubé syndrome.

> September 2018, the patient underwent pulmonary bulla resection by video-assisted thoracoscopic surgery and pleurodesis under general anaesthesia.

#### OUTCOME AND FOLLOW-UP

The patient recovered after surgery. To date, no pneumothorax has occurred. The



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Figure 7 Multiple white dome-shaped papules were seen on the skin of her mother's neck and back.

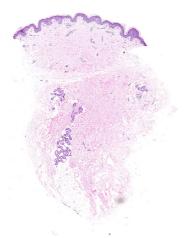


Figure 8 Pathological findings of skin biopsy showing lymphocytic infiltration around the superficial vasculature of the dermis with melanocytes.

patient is still being followed up for evaluation of her long-term condition.

#### DISCUSSION

BHD is a rare autosomal dominant inherited disorder caused by germline mutations in the FLCN protein gene located on the 17p11.2 chromosome. This variation is not regarded as a polymorphic change and occurs at an extremely low frequency in the population. For this type of inheritance, a possible factor might be a heterozygous variation. FLCN regulates the signalling pathway of the mammalian rapamycin target, thereby regulating cell growth and metabolism. FLCN messenger ribonucleic acid is expressed in the cells of main organs including skin, kidney, lung, and pancreas. In Asia and Europe, several types of germline FLCN mutations have been found in patients with BHD syndrome. The FLCN gene consists of 14 exons. The insertion or deletion of C8 cytosine (c.1285dupC) in exon 11 has been detected in many BHD patients and is considered the most common mutation[3,4]. Exon 9 mutations are closely associated with tumorigenesis<sup>[5]</sup>.

Skin changes usually occur in patients with BHD after the age of 20, typically manifesting as multiple fibrofolliculoma, trichodiscoma, and soft fibroma. The skin lesions are mainly found on the cheeks, nose, and neck skin[6]. Although BHD skin lesions present as a rather typical and relatively simple appearance, these lesions are often misdiagnosed as acne (delayed acne), multiple miliaria, or multiple sebaceous cysts; thus, the correct diagnosis may be delayed for years[7]. In this case, there was no clear fibrofolliculoma in the papule. A retrospective study of 62 Asian patients with BHD showed that they presented with less typical skin changes<sup>[8]</sup>.



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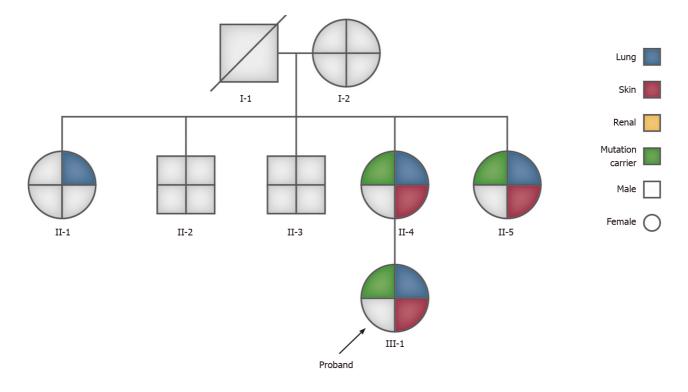


Figure 9 Seven of the patient's family members were genetically analysed. Seven of the patient's family members were genetically analysed (I-1 was deceased), and the germline mutations in the folliculin gene mutation of the patients' were derived from her mother. The source of her mother's gene mutation could not be tracked due to the failure of the gene test in I-1. The patient, her mother, and her second maternal aunt had a similar genetic mutation, and the performance of their clinically affected organs was identical.

The lungs are the main organs involved, and the condition mainly manifests as pulmonary cysts and recurrent spontaneous pneumothorax. Our patient was admitted to the hospital because of pneumothorax recurrence. Previous studies have shown that more than 80% of adult BHD patients present with multiple pulmonary cysts under chest CT scans. Compared with primary pneumothorax (pulmonary cyst usually located in the apical region), the predilection sites of BHD are mainly located in the middle and lower lung fields and may also involve the rib angle[9,10]. Typically, chest CT shows multiple, thin-walled cysts with clear margins in both lungs. The size of the cysts varies from a few millimetres to 2 centimetres or more; the pulmonary cysts in BHD syndrome appear oval, round, or irregularly shaped[11]. In this study, lung CT images showed diffusive cystic lesions, which also included pulmonary lymphangioleiomyomatosis (LAM), pulmonary langerhans' cell histiocytosis (PLCH), and lymphoid interstitial pneumonia (LIP). The cysts in LAM were usually diffuse with a round shape, and the lung parenchyma between the lesions appeared normal. The shape of the PLCH cyst was irregular. The lesion range did not involve the basal lung region or rib angle, and the lung parenchyma between the lesions remains pulled and twisted. LIP cysts vary in size and shape and are often accompanied by the ground glass, nodules, thickness of interlobular septa, and mediastinal and hilar lymphadenectasis. The abovementioned diseases can be differentiated based on lung CT images[12]. Despite multiple pulmonary cysts, the lung parenchyma in patients with BHD is usually immune with normal lung function[10]. Lee et al[3] retrospectively reviewed 12 BHD patients (10 confirmed by FLCN gene sequencing and two confirmed by clinical diagnosis) and found that 66.7% had a history of pneumothorax, and 75% had a history of recurrent pneumothorax after a median follow-up of 52 mo. Currently, there are few approaches for the treatment of lung lesions in patients with BHD. Pleurodesis and removal of pulmonary cyst can assist in treating BHD with recurrent pneumothorax to some extent[13].

The kidney is a frequently involved organ in BHD, which manifests as oncocytoma, chromophobe cell tumour, papilloma, and clear-cell renal cell carcinoma. The prognosis of BHD syndrome mainly depends on the penetrance of renal cell carcinoma and the histological type of renal tumour[14]. Current studies have shown that surgical resection of preserved nephrons is the primary treatment for patients with BHD complicated with renal tumours. The timing of surgery remains critical, determining the renal function of patients after surgery and long-term prognosis<sup>[12]</sup>.



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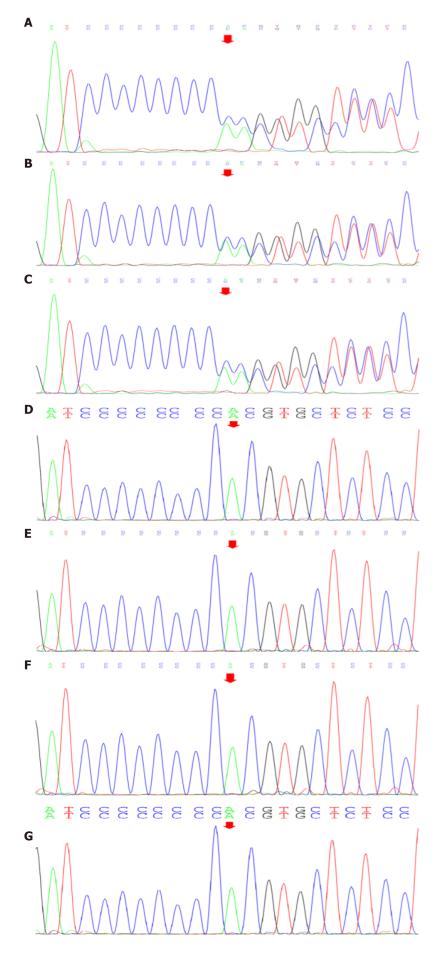


Figure 10 The American College of Medical Genetics and Genomics rating considered suggested the presence of PVS1 and PM2 by



taking into consideration the suspected diseases. A: Genetic test revealed a heterozygous nucleotide variation (red arrow) of c.1285\_1286insC in germline mutations in the folliculin gene of the patient; B: The patient's mother; C: The patient's second maternal aunt; D: No genetic variation (red arrow) was detected in her elder aunt; E: Her elder uncle; F: Her second uncle; G: Her grandmother.

> The average age of renal malignancies in patients with BHD is 45-55 years. Although no renal tumour has been detected, the patient should be closely monitored and followed up, possibly undergoing regular reviews by abdominal ultrasound and CT every year to estimate the malignant renal lesions. In addition, patients' family history should be examined.

#### CONCLUSION

Cystic lung disease and spontaneous pneumothorax might be the main clinical manifestations in Asian patients with BHD, while the involvement of skin and kidney are relatively rare. Therefore, for pulmonologists, the image differentiation of pulmonary cystic disease is particularly important to avoid delay in diagnosis and treatment.

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