



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Page 4
Abstract	3a	Background: What does this case report add to the medical literature?	Page 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Page 4-5
Timeline	5	Information from this case report organized into a timeline (table or figure)	See attachments
Patient Information	6a	De-identified demographic and other patient or client specific information	Page 5
	6b	Chief complaint—what prompted this visit?	Page 5
	6c	Relevant history including past interventions and outcomes	Page 5
Physical Exam	7	Relevant physical examination findings	Page 5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Page 5-6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Page 5-6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Page 5-6
	8d	Prognostic characteristics where applicable	Page 5-6
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Page 5-7
	9b	Intervention administration such as dosage, frequency and duration	Page 5-7
	9c	Note changes in intervention with explanation	Page 5-7
	9d	Other concurrent interventions	Page 5-7
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Page 6-7
	10b	Important follow-up diagnostic evaluations	Page 6-7
	10c	Assessment of intervention adherence and tolerability, including adverse events	Page 6-7
Discussion	11a	Strengths and limitations in your approach to this case	Page 7-11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Page 7-11
	11c	How does this case report suggest a testable hypothesis?	Page 7-11
	11d	Conclusions and rationale	Page 7-11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	See attachments
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	See attachments