

CARE Checklist of information to include when writing a case report

Topic

Item Checklist Item description

Reported on time

Title

Key Words

Abstract (no references)

Introduction

Patient Information

Clinical Findings

Timeline

Diagnostic Assessment

Therapeutic Intervention

Follow-up and Outcomes

Discussion

Patient Perspective

Informed Consent

- 1 The diagnosis or intervention of primary focus followed by the words "case report"
- 2 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"
- 3a Introduction: What is unique about this case and what does it add to the scientific literature?
- 3b Main symptoms and/or important clinical findings
- 3c The main diagnoses, therapeutic interventions, and outcomes
- 3d Conclusion—What is the main "take-away" lesson(s) from this case?
- 4 One or two paragraphs summarizing why this case is unique (may include references)
- 5a De-identified patient specific information.
- 5b Primary concerns and symptoms of the patient.
- 5c Medical, family, and psycho-social history including relevant genetic information
- 5d Relevant past interventions with outcomes
- 6 Describe significant physical examination (PE) and important clinical findings.
- 7 Historical and current information from this episode of care organized as a timeline
- 8a Diagnostic testing (such as PE, laboratory testing, imaging, surveys).
- 8b Diagnostic challenges (such as access to testing, financial, or cultural)
- 8c Diagnosis (including other diagnoses considered)
- 8d Prognosis (such as staging in oncology) where applicable
- 9a Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)
- 9b Administration of therapeutic intervention (such as dosage, strength, duration)
- 9c Changes in therapeutic intervention (with rationale)
- 10a Clinician and patient-assessed outcomes (if available)
- 10b Important follow-up diagnostic and other test results
- 10c Intervention adherence and tolerability (How was this assessed?)
- 10d Adverse and unanticipated events
- 11a A scientific discussion of the strengths AND limitations associated with this case report
- 11b Discussion of the relevant medical literature with references
- 11c The scientific rationale for any conclusions (including assessment of possible causes)
- 11d The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion
- 12 The patient should share their perspective in one to two paragraphs on the treatment(s) they received
- 13 Did the patient give informed consent? Please provide if requested

Yes ☒ No ☐