



CARE Checklist – 2016: Information for writing a case report

| Topic                  |           | Item     | Checklist item description  | Line/Page          |
|------------------------|-----------|----------|---|--------------------|
| Title                  | Key Words | 1        | The words "case report" should be in the title along with the area of focus                             | 4/1                |
|                        |           | 2        | Four to seven key words—include "case report" as one of the key words                                   | 43-44/2            |
| Abstract               |           | 3a       | Background: What does this case report add to the medical literature?                                   | 25-27/2            |
|                        |           | 3b       | Case summary: chief complaint, diagnoses, interventions, and outcomes                                   | 29-37/2            |
|                        |           | 3c       | Conclusion: What is the main "take-away" lesson from this case?   | 39-41/2            |
| Introduction           |           | 4        | The current standard of care and contributions of this case—with references (1-2 paragraphs)            | 43-68/3            |
| Timeline               |           | 5        | Information from this case report organized into a timeline (table or figure)                           | 70-138/3-5         |
|                        |           | 6a       | De-identified demographic and other patient or client specific information                              | 72/3               |
|                        |           | 6b<br>6c | Chief complaint—what prompted this visit?<br>Relevant history including past interventions and outcomes | 72-73/3<br>77-80/3 |
| Physical Exam          |           | 7        | Relevant physical examination findings  | 82-103/4           |
| Diagnostic Assessment  |           | 8a       | Evaluations such as surveys, laboratory testing, imaging, etc.  | 104-108/4          |
|                        |           | 8b       | Diagnostic reasoning including other diagnoses considered and challenges                                | 123-126/5          |
|                        |           | 8c       | Consider tables or figures linking assessment, diagnoses and interventions                              | 228-246/9          |
|                        |           | 8d       | Prognostic characteristics where applicable   | 128-138/5          |
| Interventions          |           | 9a       | Types such as life-style recommendations, treatments, medications, surgery                              | 111-121/5          |
|                        |           | 9b       | Intervention administration such as dosage, frequency and duration                                      | 111-121/5          |
|                        |           | 9c       | Note changes in intervention with explanation   | 111-121/5          |
|                        |           | 9d       | Other concurrent interventions  | 111-121/5          |
| Follow-up and Outcomes |           | 10a      | Clinician assessment (and patient or client assessed outcomes when appropriate)                         | 128-138/5          |
|                        |           | 10b      | Important follow-up diagnostic evaluations  | 128-138/5          |
|                        |           | 10c      | Assessment of intervention adherence and tolerability, including adverse events                         | 128-138/5          |
| Discussion             |           | 11a      | Strengths and limitations in your approach to this case   | 181-183/7          |
|                        |           | 11b      | Specify how this case report informs practice or Clinical Practice Guidelines (CPG)                     | 177-183/7          |
|                        |           | 11c      | How does this case report suggest a testable hypothesis?  | 184-188/7          |
|                        |           | 11d      | Conclusions and rationale   | 184-188/7          |
| Patient Perspective    |           | 12       | When appropriate include the assessment of the patient or client on this episode of care                | 136-137/5          |
| Informed Consent       |           | 13       | Informed consent from the person who is the subject of this case report is required by most journals    | 249-250/10         |
| Additional Information |           | 14       | Acknowledgement section; Competing Interests; IRB approval when required                                | 251/10             |