

(PDF) The prevention of ankle sprains in sports. A ...
<https://www.researchgate.net/publication/12732593>

The prevention of ankle sprains in sports. A systematic review of the literature. ... reporting the risk of ankle sprains in sports, methods to provide support, the effect of these interventions ...



Literature Review on Ankle Injuries and Ankle Taping

<https://ukdiss.com/litreview/literature-review-on-ankle-injuries.php>

Literature concerning ankle injuries is abundant, probably due to the high incidence in both the recreational and competitive athletes (Gross et al, 1987). The most common ankle injury is a lateral...

PEOPLE ALSO ASK

Is the ankle the most common musculoskeletal injury? ▾

What is the objective of the ankle sprain study? ▾

What sport has the most ankle sprains? ▾

Who is most at risk for an ankle sprain? ▾

Feedback

Ankle Bracing is Effective for Primary and Secondary ...

<https://www.ncbi.nlm.nih.gov/pubmed/30298478>

Furthermore, the effects of bracing for primary prevention of ankle injuries are still unclear. OBJECTIVE: The objective of this article was to systematically review the literature about the effectiveness of ankle...

Cited by: 14

Author: Ingrid Barelds, Ingrid Barelds, Anke G. va...

Publish Year: 2018

(PDF) Factors leading to lateral ankle Sprain: A review of ...

<https://www.researchgate.net/publication/272378812...>

Objective of the review is to get to know the different factors which leads to the most common injury associated with sports persons to the ankle that is the lateral ankle sprain.

Name of Journal: *World Journal of Meta-Analysis*

Manuscript NO: 62254

Manuscript Type: REVIEW

Ankle injuries in athletes: A review of the literature

Jona James J *et al.* Ankle injuries

Jenita Jona James, Oday Al-Dada

Abstract

Ankle injuries are commonplace in the athletic population, with lateral ligament sprains accounting for the majority of them. The medial ligament complex, the distal tibiofibular syndesmosis as well as any of the bones which constitute the ankle joint can also be injured. Typical mechanisms of injury include inversion-plantarflexion and

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The prevention of ankle sprains in sports. A systematic review of the literature. ... reporting the risk of ankle sprains in sports, methods to provide support, the effect of these interventions ...

Literature Review on Ankle Injuries and Ankle Taping

<https://ukdiss.com/litreview/literature-review-on-ankle-injuries.php> ▾

Literature concerning ankle injuries is abundant, probably due to the high incidence in both the recreational and competitive athletes (Gross et al, 1987). The most common ankle injury is a lateral sprain or inversion injury with more than 25 000 occurring each day in the U.S (Pfeffer et al, 1997).

PEOPLE ALSO ASK

Is the ankle the most common musculoskeletal injury? ▾

What is the objective of the ankle sprain study? ▾

What sport has the most ankle sprains? ▾

Who is most at risk for an ankle sprain? ▾

Feedback

(PDF) The effects of shoe collar height on ankle sprain ...

<https://www.researchgate.net/publication/343747784...>

Objective The objective of this article was to systematically review the literature about the effectiveness of ankle bracing on primary and secondary prevention of acute ankle injuries in athletes ...

Ankle injuries in the growing skeleton. A review of the ...

<https://www.ncbi.nlm.nih.gov/pubmed/22886114>

Ankle injuries in the growing skeleton. A review of the recent literature. 1. Saudi Med J. 2012 Aug;33 (8):830-40. Ankle injuries in the growing skeleton. A review of the recent literature. Zamzami