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Name of Journal: *World Journal of Diabetes*

Manuscript NO:

Manuscript Type: REVIEW

Diagnosis, ⁷ treatment and prevention of type 2 diabetes mellitus in children and adolescents

Serbis A *et al.* Type 2 diabetes in youth

Anastasios Serbis, Vasileios Giapros, Eleni P Kotanidou, Assimina Galli-Tsinopoulou, Ekaterini Siomou



Diagnosis, treatment and prevention of type 2 diabetes mellitus in



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Diagnosis

Treatment

Clinical Trials

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Treatment for type 2 diabetes is lifelong and includes: 1. Healthy eating 2. Regular physical activity 3. Blood sugar monitoring 4. Insulin or other medications 5. Weight loss surgery As your child grows and changes, so will his or her diabetes treatment plan. You'll work closely with your child's diabetes treatment team — doctor, certified diabetes educator and dietitian — to keep your child's blood sugar level as close to normal as possible in order to prevent complications later.

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[Prevention and Treatment of Type 2 Diabetes Mellitus in ...](#)

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Type 2 Diabetes

Medical Condition

Results from insufficient production of insulin, causing high blood sugar.

Very common (More than 3 million cases per year in US)

Requires lab test or imaging

Treatment from medical professional advised

Can be lifelong

It is a chronic disease affecting the pancreas. Patient's pancreas doesn't



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**Diagnosis**

Treatment

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Lifestyle and Home Remedies



If diabetes is suspected, your child's doctor will likely recommend a screening test. A diagnosis of type 2 diabetes in children generally requires abnormal results from two tests taken on different days. There are several blood tests for diabetes. 1. Random blood sugar test. A blood sample is taken at a random time. Regardless of when your child last ate, a random blood sugar level of 200 milligrams per deciliter (mg/dL), or 11.1 millimoles per liter (mmol/L), or higher suggests diabetes. 2. Fasting blood sugar test. A blood sa...

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Oct 01, 2003 · Tanner staging of **children and adolescents** with **type 2 diabetes mellitus** should be performed every 3 to 6 months until **puberty** is complete, because early onset of **puberty** is noted in...

Cited by: 126 **Author:** Sheila Gahagan, Janet Silverstein, Section ...

Publish Year: 2003

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bing.com/videos



Diagnosis of Diabetes

aacc.org

Type 2 Diabetes in Children

Medical condition

Type 2 diabetes in children is a chronic condition that affects the way your child's body metabolizes sugar (glucose). Type 2 diabetes is a disease more commonly associated with adults.

[MayoClinic](#)

Symptoms

At first, there may be no symptoms. Over time, you may notice:

- Unexplained weight loss
- Hungry or thirsty a lot, even after eating
- Dry mouth
- Peeing a lot
- Fatigue
- Blurred vision
- Heavy breathing
- Slow healing of sores or cuts
- Itchy skin
- Numbness or tingling in...

[Read more on WebMD](#)

Causes

Being overweight is closely tied to the development of type 2 diabetes. Overweight children have an increased likelihood of insulin resistance. As the body struggles to regulate insulin, high blood sugar leads to a number of potentially serious...

[Read more on Healthline](#)

Treatments

Treatment for type 2 diabetes is a lifelong commitment of blood sugar monitoring, healthy eating, regular exercise and, sometimes, insulin or other medications - even for kids. And as your child grows and changes, so will his or her diabetes...