



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words "case report" should be in the title along with the area of focus	1 / P1
Key Words	2	Four to seven key words—include "case report" as one of the key words	6-9 / P1 2
Abstract	3a	Background: What does this case report add to the medical literature?	14-25 / P1
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	25-27 / P1
	3c	Conclusion: What is the main "take-away" lesson from this case?	1-2 / P2 2-7 / P2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	11-28 / P2
Timeline	5	Information from this case report organized into a timeline (table or figure)	26 / P2 1-5 / P3
Patient Information	6a	De-identified demographic and other patient or client specific information	28 / P2 1-5 / P3
	6b	Chief complaint—what prompted this visit?	4-11 / P2
	6c	Relevant history including past interventions and outcomes	11-13 / P3
Physical Exam	7	Relevant physical examination findings	13-16 / P3
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	17-27 / P3
	8b	Diagnostic reasoning including other diagnoses considered and challenges	2-12 / P4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	2-13 / P4
	8d	Prognostic characteristics where applicable	27-28 / P4
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	23-26 / P4
	9b	Intervention administration such as dosage, frequency and duration	None
	9c	Note changes in intervention with explanation	None
	9d	Other concurrent interventions	None
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	23-26 / P4
	10b	Important follow-up diagnostic evaluations	23-26 / P4
	10c	Assessment of intervention adherence and tolerability, including adverse events	None
Discussion	11a	Strengths and limitations in your approach to this case	2-14 / P5
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	1-15 / P7 16-27 / P8
	11c	How does this case report suggest a testable hypothesis?	28 / P7 1-6 / P8
	11d	Conclusions and rationale	8-19 / P8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	23-28 / P4
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	I have uploaded it in word file format.
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	The authors declare that they have no conflicts of interest.