

In summary, the **brain** and gut **interact** in individuals who are living with **eating disorders**. Abnormal **brain** behaviors can reinforce abnormal gut bacteria and vice versa. These changes to the **brain** and gut often coexist and reinforce **eating disorder** behavior.

[Eating Disorders: The Brain-Gut Connection - The Emily Program](http://www.emilyprogram.com/blog/eating-disorders-the-brain-gut-connection/)
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- Can gut brain connection cause anxiety?
- Is there a connection between brain health and gut health?
- How does the brain affect the intestines?
- How does the gut affect emotions?

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Eating Disorder

Symptoms Diagnosis Causes Treatments >

A condition characterized by irregular or abnormal eating habits.

Common types

Anorexia Nervosa

An eating disorder characterized by relentless drive for thinness with a fear of gaining body weight associated with self-induced behaviors towards thinness.

Bulimia Nervosa

Eating disorder characterized by binge eating, followed by methods to avoid weight gain.

Binge Eating Disorder

A disorder involving frequent consumption of large amounts of food, and uncontrollable eating.

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Name of Journal: *World Journal of Gastroenterology*
Manuscript NO: 62797
Manuscript Type: SYSTEMATIC REVIEWS

Disorders of the brain-gut Interaction and eating disorders

Gastrointestinal and eating disorders

MIHAELA FADGYAS STĂNCULETE, Giuseppe Chiarioni, Dan Lucian Dumitrascu,
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PEOPLE ALSO ASK

- Is there a connection between brain and gut health? ▾
- How does the brain affect the stomach and intestines? ▾
- How does mental illness affect the GI tract? ▾
- Can a troubled intestine cause anxiety and depression? ▾

Feedback

[Disorders of gut-brain interaction common among ...](https://pubmed.ncbi.nlm.nih.gov/33244769)
<https://pubmed.ncbi.nlm.nih.gov/33244769>

Objective: Little research exists on Rome IV disorders of gut-brain interaction (DGBI; formerly called functional gastrointestinal disorders) in outpatients with eating disorders (EDs). These data are...

Cited by: 1 Author: Helen Burton Murray, Braden Kuo, Kamry...
Publish Year: 2020

[\[PDF\] Evaluating disorders of gut-brain interaction in eating ...](https://onlinelibrary.wiley.com/doi/pdf/10.1002/eat.23527)
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ship between gastrointestinal and eating disorder symptoms is worthy of further study and clinicians should adopt an integrated approach by attending to both gas-trointestinal and eating disorder...