CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	**1**	The words "case report" should be in the title along with the area of focus	4-5 / 1p.
Key Words	**2**	Four to seven key words—include "case report" as one of the key words	14 / 2p.
Abstract	**3a**	Background: What does this case report add to the medical literature?	2 / 3p.
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	2p / 3p
	3c	Conclusion: What is the main "take-away" lesson from this case?	3p
Introduction	**4**	The current standard of care and contributions of this case—with references (1-2 paragraphs)	1 / 2p.
Timeline	**5**	Information from this case report organized into a timeline (table or figure)	13-16 p.
Patient Information	**6a**	De-identified demographic and other patient or client specific information	6p.
	6b	Chief complaint—what prompted this visit?	3 / 6p.
	6c	Relevant history including past interventions and outcomes	13 / 6p.
Physical Exam	**7**	Relevant physical examination findings	12 / 6p.
Diagnostic Assessment	**8a**	Evaluations such as surveys, laboratory testing, imaging, etc.	20 / 7p.
	8b	Diagnostic reasoning including other diagnoses considered and challenges	2, 11, 13 / 7p.
	8c	Consider tables or figures linking assessment, diagnoses and interventions	7p
	8d	Prognostic characteristics where applicable	7p.
Interventions	**9a**	Types such as life-style recommendations, treatments, medications, surgery	8p
	9b	Intervention administration such as dosage, frequency and duration	8, 12 / 8p
	9c	Note changes in intervention with explanation	8p
	9d	Other concurrent interventions	8p
Follow-up and Outcomes	**10a**	Clinician assessment (and patient or client assessed outcomes when appropriate)	13 / 8p.
	10b	Important follow-up diagnostic evaluations	14 / 8p
	10c	Assessment of intervention adherence and tolerability, including adverse events	14 / 8p
Discussion	**11a**	Strengths and limitations in your approach to this case	9p.
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	5-6 p.
	11c	How does this case report suggest a testable hypothesis?	5 / 10p.
	11d	Conclusions and rationale	14 / 10p.
Patient Perspective	**12**	When appropriate include the assessment of the patient or client on this episode of care	9.
Informed Consent	**13**	Informed consent from the person who is the subject of this case report is required by most journals	0
Additional Information	**14**	Acknowledgement section; Competing Interests; IRB approval when required	15 / 10p.