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**Viral infections in inflammatory bowel disease: Tips and tricks for correct management**

Craviotto V *et al.* Viral infections in IBD

Vincenzo Craviotto, Federica Furfaro, Laura Loy, Alessandra Zilli, Laurent Peyrin-Biroulet, Gionata Fiorino, Silvio Danese, Mariangela Allocca

### Abstract

Over the past decades, inflammatory bowel diseases (IBD) treatment has become more targeted, anticipating the use of immune-modifying therapies at an earlier stage. This top-down approach has been correlated with favorable short and long-term outcomes, but it also brought with it concerns about potential infectious complications. This large IBD population treated with immune-modifying therapies,

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Inflammatory Bowel Disease (IBD) is a term used for two specific and separate diseases: Crohn's disease and ulcerative colitis. Nutritional recommendations are different for each disease and for each individual patient. It is important to discuss the treatments that are right for you with a registered dietitian and with your doctor.

## Best Crohn's Advice | Everyday Health

<https://www.everydayhealth.com/crohns-disease/the-best-crohns-advice> ▾

People with Crohn's disease offer the best advice, tips, and tricks they have for managing inflammatory bowel disease (IBD).

### PEOPLE ALSO ASK

What is an inflammatory bowel disease? ▾

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How can I get rid of bacteria in my GI tract? ▾

What can you eat when you have inflammatory bowel disease? ▾

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## Inflammatory Bowel Disease (IBD) | CDC

<https://www.cdc.gov/ibd> ▾

Inflammatory Bowel Disease (IBD) is a broad term that describes conditions characterized by chronic inflammation of the gastrointestinal tract. The two most common inflammatory bowel diseases are ulcerative colitis and Crohn's disease. Inflammation affects the entire digestive tract in Crohn's disease and only the large intestine (also called the colon) in ulcerative colitis.

## Viruses May Play Role in Crohn's Disease, Colitis - WebMD

<https://www.webmd.com/ibd-crohns-disease/news/...> ▾

Jan 23, 2015 · FRIDAY, Jan. 23, 2015 (HealthDay News) -- Viruses may play a role in inflammatory bowel diseases, including the two most common types, Crohn's disease ...



# Inflammatory Bowel Disease (IBD) | Disease or Condition of ...

<https://www.cdc.gov/dotw/ibd>

May 18, 2020 · Crohn's **disease** and ulcerative colitis are two major inflammatory bowel **diseases** (IBD). Crohn's **disease** can affect any part of the gastrointestinal tract—from the mouth to the anus. Ulcerative colitis occurs in the large intestine or rectum. It's usually diagnosed in teens and young adults.

## Inflammatory Bowel Disease: Symptoms, Treatment & More

<https://www.healthline.com/health/inflammatory-bowel-disease>

Mar 01, 2021 · Get the facts on inflammatory bowel **disease** (IBD). Learn about types (such as ulcerative colitis and Crohn's), causes, risk factors, diagnosis, and more.

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- What are the risk factors for developing inflammatory bowel disease?
- How does the digestive system respond to infections?
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<https://www.forbes.com/sites/victoriaforster/2018/...>

Jul 24, 2018 · IBD is a collective term for an estimated fifty **diseases** affecting as many as 1.6 million Americans, including more commonly-known conditions such as Crohn's **disease** ...

# Inflammatory Bowel Disease

Medical Condition

A group of inflammatory conditions of the colon and small intestine



A group of intestinal disorders that cause inflammation of the digestive tract.

- Common (More than 200,000 cases per year in US)
- Often requires lab test or imaging
- Treatments can help manage condition, no known cure
- Can be lifelong

IBD is said to be the result of autoimmune reactions. Inflammatory bowel disease (IBD) presents as Crohn's disease or ulcerative colitis. It may be characterized by diarrhea, abdominal pain and cramping, tiredness, and weight loss. Anti-inflammatory drugs play an important role in the treatment. Surgery is sometimes performed.

## Symptoms

Symptoms may vary from mild to severe and include:

- Diarrhea
- Fever
- Fatigue