|  |  |  |
| --- | --- | --- |
|  | **CARE Checklist – 2016: Information for writing a case report** |  |
|  |  |  |  |
| **Topic**  | **Item** | **Checklist item description** | **Line/Page** |
|  |  |  |  |
| Title | 1 | The words “case report” should be in the title along with the area of focus  | 1/1 |
| Key Words | 2 | Four to seven key words—include “case report” as one of the key words | 25/1 |
|  |  |  |  |
| Abstract | 3a | Background: What does this case report add to the medical literature?  | 5-8/1 |
|  | 3b | Case summary: chief complaint, diagnoses, interventions, and outcomes  | 10-17/1 |
|  | 3c | Conclusion: What is the main “take-away” lesson from this case?  | 19-22/1 |
|  |  |  |  |
| Introduction  | 4 | The current standard of care and contributions of this case—with references (1-2 paragraphs) | 37-44/2 |
|  |  |  |  |
| Timeline | 5 | Information from this case report organized into a timeline (table or figure)  | / |
|  |  |  |  |
| Patient Information | 6a | De-identified demographic and other patient or client specific information | 48/2 |
|  | 6b | Chief complaint—what prompted this visit?  | 53-54/2 |
|  | 6c | Relevant history including past interventions and outcomes | 49-53/2 |
|  |  |  |  |
| Physical Exam | 7 | Relevant physical examination findings  | 56-68/2 |
|  |  |  |  |
| Diagnostic  | 8a | Evaluations such as surveys, laboratory testing, imaging, etc | 56-68/2 |
| Assessment  | 8b | Diagnostic reasoning including other diagnoses considered and challenges | 73-79/3 |
|  | 8c | Consider tables or figures linking assessment, diagnoses and interventions | / |
|  | 8d | Prognostic characteristics where applicable | / |
|  |  |  |  |
| Interventions  | 9a | Types such as life-style recommendations, treatments, medications, surgery  | 70-71/3 |
|  | 9b | Intervention administration such as dosage, frequency and duration | / |
|  | 9c | Note changes in intervention with explanation  | / |
|  | 9d | Other concurrent interventions | / |
|  |  |  |  |
| Follow-up and  | 10a | Clinician assessment (and patient or client assessed outcomes when appropriate) | 81-82/3 |
| Outcomes | 10b | Important follow-up diagnostic evaluations  | / |
|  | 10c | Assessment of intervention adherence and tolerability, including adverse events  | / |
|  |  |  |  |
| Discussion | 11a | Strengths and limitations in your approach to this case  | 133-142/6-7 |
|  | 11b | Specify how this case report informs practice or Clinical Practice Guidelines (CPG)  | / |
|  | 11c | How does this case report suggest a testable hypothesis?  | / |
|  | 11d | Conclusions and rationale | 133-142/6-7 |
|  |  |  |  |
| Patient Perspective | 12 | When appropriate include the assessment of the patient or client on this episode of care | / |
|  |  |  |  |
| Informed Consent  | 13 | Informed consent from the person who is the subject of this case report is required by most journals | 150/7 |
|  |  |  |  |
| Additional Information | 14 | Acknowledgement section; Competing Interests; IRB approval when required  | 153/7 |