

**Supplementary Table 1** Tissue targeted animal models evaluating the independent effects of tissue-specific insulin receptor knock-out, or GLUT4 knock-out, or the induction of steatosis or inflammation on metabolic outcomes, including liver steatosis, endogenous glucose production, glucose tolerance and body weight.

Primar y defect el	M o d el	Targ et	Age	Liver size / functio n	Liver Steat / osis	Liver infla mmati on/fib rosis	EGP	Wh ole bod y	Fo od int ak	Insu lin bod y	Le pti n	TG FF	F- gluc ose	Glu- cose A	Bod y lера nce	Adi pos ity ght	Other	Ref
Periph eral insulin resista nce	M o u se	MIR KO	2-11 mo nth s				Nor mal (cla mp)	Mo der ate IR (GU low in mu scle,		Nor mal- high al	No rm al	Hi gh al	Nor mal ent	Abs ent or only at 10 mon ths	Nor mal- low only at 10 mon ths	Hig h h low , Kim J Clin	Bru ning Mol Cell 1998 ,	

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																		siol
																		2008
M	FIRK	0.5-	FIRKO	FIRK	FIRK	FIR	FIR	FIR	FIRK	FIR	Lo	FIR	FIR	FIR	Lo	FIRK	Bluh	
o	O	50	12	-90%	O-	O-50%	KO-	KO-	KO	O-	KO	w	KO-	KO-	KO-	w-	O-50%	er
u	or	mo	hepato	50%	absent	90%	50%	-	50%	-	fast	50%	50%	50%	abs	live	devc	
se	90%	nth	megaly	abse	,	low	hig	50	low,	50	ing	nor	bette	low,	ent,	longer	ell	
	s	,		nt,	FIRK	PEP	h	%	FIRK	%	,	mal,	r	FIR	sm	.	2002	
			dyspla	FIRK	O-90%	CK,	IS,	nor	O-	nor	hig	FIR	than	KO-	all	FIRK	,	
	stic	O-	severe	G6P	FIR	ma	90%	ma	h	KO-	cont	90%	adi	O-90%	Bau			

nodule	90%	ase	KO-	l,	high	l,	fed	90%	rols,	nor	poc	high	cher
s, high	sever		90%	FIR		FIR		high	FIR	mal-	yte	RER,	Dia
enzym	e		sev	KO		KO		,	KO-	high	s	glycol	bete
es,			ere	-		-		redu	90%	,	(m	ysis	at
ROS,			IR	90		90		ced	seve	red	usc	12	2016
lipid			(GU	%		%		by	re	uce	le	month	,
perox,			low	hig		ver		HF		d by	ma	s	Softi
high			in	h		y		D		HF	ss		c
glycog			mu			lo			D	tra			Dia
en			scler,			w				nsi			bete
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M	GLU	2-12	High	Abse	Hig	Pre	Nor	No	No	Hig	Pres	Nor	No	No	Car
o	T4-	mo	glucoki	nt	h	sent	mal	rm	rm	h at	ent	mal-	rm	blood	valh
u	KO-	nth	nase	(grea	duri	IR	in M,	al	al	5	with	low	al	proinf	o
se	M,	s		ter	ng	wit	high		tg,	mo	GTT			lamm	AJP
	GLU			lipog	cla	h	in		ffa	in	but			atory	2005
	T4-			enesi	mp	ITT	M+A		(hi	M,	mild			profile	,
	KO-			s,	(hig	and	T		gh	earl	er			.	Zis
	M+A			DNL	h	cla			cle	y in	than			Phoriz	man
	T			gene	PEP	mp			ara	M+	expe			in or	Nat
				expr.,	CK,	(GU			nce	AT	cted			AT	Med
				VLD	G6P	alw			,	KO				GLUT	2000
			L	ase)	ays				lo				4	,	
			prod	at 5	low				w					overex	Kim
			uctio	mon	in				RQ					pr.	JCI
			n) in	ths	mu				)					Revers	2001
			M+A		scle,								e	,	
			T		AT									effects	Kota
					hig								in	M	ni

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M	LGS	4, 7,	Lighter	Mod	Norm	Nor	Nor	No	Low	No	No	Low	Pres	Nor	No	Irim
o	KO	15	liver	erate	al	mal	mal	rm		rm	rm	fast	ent	mal	rm	ia J
u	(imp	mo		incre	inflam	with	wit	al		al	al	and	with		al-	Biol
se	aired	nth		ase	mtory	cla	h	foo		tg	fed	GTT		hig		Che
	liver	s		from	marke	mp,	ITT	d						h at		m
	glyco		7	rs	in	abn	dos	int						4		2010
	gen			mont	liver	orm	e-	ake						and		,
	synth			hs		al	resp							14		2017
	esis			with		ins.	ons							mo		
	in			norm		Sign	e							nth		
	indu			al		.,	and							s		
	cing			lipid		high	wit							(hi		
	insuli			expo		fast	h							gh		

n	rt,	PEP	cla										fat	
resist	high	CK,	mp,										pad	
ance	lipog	G6P	nor										s at	
and	enesi	ase,	mal										4	
liver	s and	GN	GU										mo	
fat	DNL	G	in										nth	
overa	gene	(low	mu										s)	
ccum	expr,	glyc	scle,											
ulati	high	oge	WA											
on)	gluco	noly	T,											
	kinas	sis)	brai											
	e		n											
M	NIR	(pres	Nor	Pre	No	Tend	Hi	Hi	Nor	Nor	Nor	Hig	Reduc	Bru
o	KO	ent	mal,	sent	rm	ency	gh	gh-	mal	mal	mal	h-	ed	ning
u	(or	in	but	onl	al	in	in	lo	in	in	in	nor	fertilit	Scie
se	ins.	perip	red	y in	foo	male	bot	w	both	both	mal	mal	y	nce
	Infus	heral	uce	fem	d	s,	h	tg	sex	sex	es,	rep		2000
	ions,	insuli	d in	ales	int	high	sex	rep	s	s	high	ort	,	



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M	Brain	3	Hig	Nor	Nor	Nor	Pres	Nor	KO	do	Ren
o	speci	mo	h	mal	mal	mal	ent	mal	not	o	
u	fic	nth	duri	by	fast	fast	with		respon	Dia	
se	GLU	s	ng	ITT,	and	and	GTT		d	bete	
	T4		cla	low	fed,	fed			differe	s	
	KO +		mp	GIR	nor				ntly to	2017	
	chow			in	mal				HFD.		
	or		cla	secre					Altere		
	HFD		mp	tion					d		
			due	in					brain		
			to	GTT					glucos		
			EG						e		
			P						sensin		
			(nor						g		
			mal						glucag		

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					GU							on-		
					in							epinep		
					mu							hrine		
					scler,							in		
					fat,							hypog		
					hea							lycemi		
					rt,							a		
					low									
					in									
					brai									
					n)									
M	Intest	1-2	Normal		Inte	Nor	No	Nor		Nor	Nor	No	Norm	And
o	inal-	mo	l liver		stin	mal	rm	mal		mal-	mal	rm	al	res
u	IRK	nth	weight		al	wit	al			bette		al	intesti	Am
se	O	s±3-			G6P	h				r			nal	J
		6			ase	ITT				(low			struct	Phy
		mo			expr	(lo				oral			ure	& siol
		nth			red	w				gluc			micro	2014

	s		uce	GU		ose		biota,	,								
	HF		d	in		abso		low	Uss								
	D			inte		rptio		GIP.	ar								
	(die			stin		n)		In	Dia								
	t-			e)				HFD,	bete								
	mat							lower	s								
	che							EEC,	2017								
	d							blood									
	co							choles									
	mp							terol									
	aris																
	on)																
Hepati	M	Hepa	1.5-	Hepato	3-7	No	Nor	Nor	No	No	Nor	Nor	Nor	Nor	Slightl	Mon	
c	o	tic	4	megaly	folds	(high	mal-	mal	rm	mal	rm	mal	mal	mal	rm	y low	etti
steatosi	u	DGA	mo	,	incre	linolie	high	ITT	al	DGA	al	al-	DG		al	RQ,	in Cell
s±infla	se	T2 or	nth	normal	ase	ic	(nor	and	foo	T2,		lo	AT2			adipos	Met
mmati		MTT	s	-high	(high	acid,	mal	cla	d	low	w	,			e	ab	
on		P		liver	lipog	DAG,	PEP	mp	int	MTT		low			norma	2007	

overx	enzym	enesi	cerami	CK,	wid	ake	P	MT	I	tg	,
press	es, low	s,	de)	G6P	e			TP		synthe	Min
ion	glycog	norm		ase)	dos					sis,	ehir
	en	al-			e				DNL.	a	J
		high			ran				No	Lip	
		CPT1			ge				proinf	Res	
		gene							lamm	2008	
		expr,							atory	(Raa	
		norm							blood	be	
		al tg							profile	JCI	
		secre							.	1999	
		tion,							Overe	),	
		fa-							xpr	Bjor	
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									in	Biol	
									brain-	Che	
									kidne	m	

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							ns	Jorn
							liver	ayv
							steatos	az
							is, ER	PN
							stress,	AS
							increa	2011
							ses	
							G6Pas	
							e	
M	MTT	1.5	Mild	Mod	Norm	Low	Slig	Bjor
o	P	mo	hepato	erate	al,	w	htly	kegr
u	overe	nth	megaly	3-	with	tg,	high	en J
se	xpr+	s	,	folds	LPS	nor	(ns)	Biol
	LPS		normal		high	ma		Che
or		liver		macro		l		m
con	a	enzym		phage		ffa		2002

	or	es	inflam															
	PEA	(increa	mator															
		se with	y															
		toxins)	protei															
			n,															
			high															
			lip															
			perox,															
			ox															
			stress															
Microb	M	Gut	1.5-	Low	Low	High	Hig	Hig	Low	Lo	No	Low	Bett	Low	Lo	11-	Rab	
iota±in	o	micr	4	liver	(redu	transc	h	h IS	w	rm		er		w	folds	ot		
flamma	u	obiot	mo	weight	ced	ripts	GP6	wit		al		with			higher	FAS		
tion	se	a	KO	nth	,	low	gene	agains	ase	h		tg,		GTT	caecu	EB J		
	(Ger	s		glycog	expr.	t	in	ITT,		ffa					m	2010		
	m-			en	in	Lipo	bacteri	fast	hig						weigh	,		
	free)			fast	genic	al		h							t.	Back		
				enz	compo		insu								Adipo	hea		

mes,	nents,	lin	se	d
slighl	low	sign	tnfa,	PN
ty	acute	alin	IL6,	AS
high	phase	g in	IL1b	2007
r	respo	fat,	low in ,	
chole	nse	AM	fat,	Caes
sterol	transc	PK	low	ar
synth	ripts	in	plasm	Gut
esis/		mu	a tnfa,	2012
conte		scler	antiba	
nt)			cterial	
			ifng,	
			antiinf	
			lamm	
			atory	
			IL-10	
			in GF	
			mice	

M	LPS,	3-4	Increas	Incre	Very	Hig	Nor	No	High	Mil	Very	Hig	Hig	CD14	Mes	
o	effect	mo	e	in	ase	high	h	mal	rm	fast	d	mild	h	h	mutan	zaro
u	s	of	nth	normal	(but	marke	duri	(op	al		elev	only			t	mice
se	micr	s	weight	ns,	rs at	2	ng	posi	foo		anti	at	15		resiste	Biol
,	obiot	(fe	,		highe	wks	cla	te	d		on	min			d	Che
ra	a	in	w	increas	r	in	(mode	mp	to	int		of			most	m
t	chow	mea	e	in	HFD)	stly	(op	HF	ake		GTT				LPS	1987
or	sur	GU				increa	posi	D),						and	,	
HFD	es	(liver,				sed	te to	68%						HFD	Cani	
	at	2	spleen			later	HF	incr						effects	Dia	
	wee	=macr				in	fat,	D)	ease					. In	GF	bete
	ks)	ophage				muscl		in						mice	s	
		-rich				e)		fasti						inocul	2007	
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## mality vs GF

Inflammation	M	NSAID	1-6	Reduct	Reduction	Reduced	Reduced by	Reduced	Impaired	No	Reduced	Reduced	Reduced	No	Celecoxib	Medigal		
-targeting	o	D	mo	ion	of	ction	ed	by	uce	rov	rm	uced	du	uce	uce	rm	xib	rigal
	u	(cox-	nth	liver	(aspi	all	d	ed	al	hype	ced	d	d	in	al	had	-	
	se	inhib	s	weight	rin,	drugs,	PEP	HO	or	rinsu	hy	hyp	diab	or	effect	Pere		
	,	,	inte	, blood	celec	fibrosi	CK	MA	not	line	per	ergl	etic	not	in	z Int		
	ra	aspiri	rve	liver	oxib,	s and	(IL1	and	rep	mia	-tg	yce	(cele	rep	diabet	J		
	t	n,	ntio	enzym	indo	HSC	Ra)	/or	ort	(cele	(cel	mia	coxi	ort	ic	Clin		
	indo	n in	es	meth	PG	or	ITT	ed	coxi	eco	(cele	b)	ed	model	Exp			
	meth	2-5	(aspiri	acin),	produ	not		foo	b,	xib	coxi			but	Med			
	acin,	mo	n,	select	ction	repo		d	IL1R	)	b,			not in	2015			
	IL1R	nth	celecox	ive	(celeco	rted		int	a)		IL1R			treatem	,			
	a)	s	ib)	redu	xib),			ake			a)			d	Paik			
	effect	old		ction	high									contro	Gut			

in	of	CPT1,	ls.	2009
high-	macr	PXR,	Fish	,
risk	ovesc	low	oil	Tian
mod	icula	ABCD	added	Plos
els	r	3,	to	One
	(mef	ACOT	indom	2014
	enam	3	ethaci	,
	ate),	(indo	n	Mur
	high	metha	superi	ali J
	DGA	cin)	or	Lip
	T1,		effects	Res
	FAS			2012
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	meth			s
	acin)			PN
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