

PEER-REVIEW REPORT

Name of journal: World Journal of Clinical Cases

Manuscript NO: 64944

Title: Spirituality, religiousness and mental health: a review of the current scientific evidence

Reviewer's code: 05470236

Position: Editorial Board

Academic degree: MBBS, MD, MM, PhD

Professional title: Associate Professor, Deputy Director

Reviewer's Country/Territory: China

Author's Country/Territory: Brazil

Manuscript submission date: 2021-02-25

Reviewer chosen by: Ya-Juan Ma

Reviewer accepted review: 2021-03-17 15:09

Reviewer performed review: 2021-03-24 14:35

Review time: 6 Days and 23 Hours

Scientific quality	<input type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Very good <input checked="" type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
Language quality	<input type="checkbox"/> Grade A: Priority publishing <input checked="" type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
Conclusion	<input type="checkbox"/> Accept (High priority) <input checked="" type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input type="checkbox"/> Major revision <input type="checkbox"/> Rejection
Re-review	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Peer-reviewer statements	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous Conflicts-of-Interest: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No



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SPECIFIC COMMENTS TO AUTHORS

Spirituality/religiousness (S/R) being consistently related to both physical and mental health, but the effects of S/R on mental health are likely bidirectional . This article provided an updated review of the current scientific evidence on the relationship between S/R and mental health, and the mechanisms that explain this relationship and the interventions that utilize this information in treating mental disorders was discussed . It is usefull to clinical practice that the findings reveal a large body of evidence across numerous psychiatric disorders. The mechanisms that explain these associations and the role of S/R interventions need further study.