



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line5-6/Page1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line55-56/Page2
Abstract	3a	Background: What does this case report add to the medical literature?	Line33-35/Page2
	3b	Casesummary: chiefcomplaint, diagnoses, interventions, and outcomes	Line38-45/Page2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line38-53/Page2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line67-79/Page3
Timeline	5	Information from this case report organized into a timeline (table or figure)	Figure3
Patient Information	6a	De-identified demographic and other patient or client specific	Line83-85/Page3
	6b	information Chief complaint—what prompted this visit?	Line83-85/Page3
	6c	Relevant history including past interventions and outcomes	Line88-94/Page3
Physical Exam	7	Relevant physical examination findings	Line96-99/Page4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line101-104/Page4
	8b	Diagnostic reasoning including other diagnoses considered and	Line108-117/Page4
	8c	challenges Consider tables or figures linking assessment, diagnoses and	Figure1-2
	8d	interventions Prognostic characteristics where applicable	Line110-113/Page4
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line107-108/Page4
	9b	Intervention administration such as dosage, frequency and duration	Line107-108/Page4
	9c	Note changes in intervention with	Line121-123/Page5
	9d	explanation Other concurrent interventions	N/A, unsuitable
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line120-123/Page4
	10b	Important follow-up diagnostic evaluations	Line120-121/Page4
	10c	Assessment of intervention adherence and tolerability, including adverse events	N/A, unsuitable
Discussion	11a	Strengths and limitations in your approach to this case	Line126-132, 148-150/Page5
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line133-171/Page5
	11c	How does this case report suggest a testable hypothesis?	Line133-171/Page5
	11d	Conclusions and rationale	Line173-179/Page6
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	N/A, The patient did not share perspective
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Have provided
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Have provided