



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	__P1__
Key Words	2	Four to seven key words—include “case report” as one of the key words	__P1__
Abstract	3a	Background: What does this case report add to the medical literature?	__P2__
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	__P2__
	3c	Conclusion: What is the main “take-away” lesson from this case?	__P3__
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	__None__
Timeline	5	Information from this case report organized into a timeline (table or figure)	__None__
Patient Information	6a	De-identified demographic and other patient or client specific information	__P2-P3__
	6b	Chief complaint—what prompted this visit?	__P2-P3__
	6c	Relevant history including past interventions and outcomes	__P2-P3__
Physical Exam	7	Relevant physical examination findings	__P4__
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	__P4-5__
	8b	Diagnostic reasoning including other diagnoses considered and challenges	__P3__
	8c	Consider tables or figures linking assessment, diagnoses and interventions	__None__
	8d	Prognostic characteristics where applicable	__None__
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	__P5-P7__
	9b	Intervention administration such as dosage, frequency and duration	__P5-P7__
	9c	Note changes in intervention with explanation	__P5-P7__
	9d	Other concurrent interventions	__None__
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	__P7__
	10b	Important follow-up diagnostic evaluations	__P7__
	10c	Assessment of intervention adherence and tolerability, including adverse events	__P7__
Discussion	11a	Strengths and limitations in your approach to this case	__P7-9__
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	__None__
	11c	How does this case report suggest a testable hypothesis?	__P7-9__
	11d	Conclusions and rationale	__P7-9__
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	__YES__
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	__YES__
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	__None__