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**EDITORIAL**

- 7614 Advances in deep learning for computed tomography denoising  
*Park SB*

**REVIEW**

- 7620 Spirituality, religiousness, and mental health: A review of the current scientific evidence  
*Lucchetti G, Koenig HG, Lucchetti ALG*
- 7632 Role of hospitalization for inflammatory bowel disease in the post-biologic era  
*Soriano CR, Powell CR, Chiorean MV, Simianu VV*

**MINIREVIEWS**

- 7643 Combined targeted therapy and immunotherapy for cancer treatment  
*Guo CX, Huang X, Xu J, Zhang XZ, Shen YN, Liang TB, Bai XL*

**ORIGINAL ARTICLE****Basic Study**

- 7653 Mechanism of Jianpi Qingchang Huashi Recipe in treating ulcerative colitis: A study based on network pharmacology and molecular docking  
*Zheng L, Wen XL, Dai YC*

**Case Control Study**

- 7671 Common bile duct morphology is associated with recurrence of common bile duct stones in Billroth II anatomy patients  
*Ji X, Jia W, Zhao Q, Wang Y, Ma SR, Xu L, Kan Y, Cao Y, Fan BJ, Yang Z*

**Retrospective Cohort Study**

- 7682 Efficacy of roxadustat in treatment of peritoneal dialysis patients with renal anaemia  
*Zhu XW, Zhang CX, Xu TH, Jiang GN, Yao L*

**Retrospective Study**

- 7693 Clinical metagenomic sequencing for rapid diagnosis of pneumonia and meningitis caused by *Chlamydia psittaci*  
*Yin XW, Mao ZD, Zhang Q, Ou QX, Liu J, Shao Y, Liu ZG*
- 7704 Evaluation of the etiology and risk factors for maternal sepsis: A single center study in Guangzhou, China  
*Lin L, Ren LW, Li XY, Sun W, Chen YH, Chen JS, Chen DJ*

- 7717 Influencing factors for hepatic fat accumulation in patients with type 2 diabetes mellitus

*Wu MJ, Fang QL, Zou SY, Zhu Y, Lu W, Du X, Shi BM*

- 7729 Clinical effect of peripheral capsule preservation in eyes with silicone oil tamponade

*Jiang B, Dong S, Sun MH, Zhang ZY, Sun DW*

- 7738 Potential effects of the nursing work environment on the work-family conflict in operating room nurses

*Fu CM, Ou J, Chen XM, Wang MY*

### Observational Study

- 7750 Effect and satisfaction of outpatient services by precision valuation reservation registration

*Jin HJ, Cheng AL, Qian JY, Lin LM, Tang HM*

### Randomized Controlled Trial

- 7762 Impact of intravenous dexmedetomidine on postoperative bowel movement recovery after laparoscopic nephrectomy: A consort-prospective, randomized, controlled trial

*Huang SS, Song FX, Yang SZ, Hu S, Zhao LY, Wang SQ, Wu Q, Liu X, Qi F*

### META-ANALYSIS

- 7772 Comparison of different methods of nasogastric tube insertion in anesthetized and intubated patients: A meta-analysis

*Ou GW, Li H, Shao B, Huang LM, Chen GM, Li WC*

### CASE REPORT

- 7786 Secondary injuries caused by ill-suited rehabilitation treatments: Five case reports

*Zhou L, Zhou YQ, Yang L, Ma SY*

- 7798 Gastric *syphilis* mimicking gastric cancer: A case report

*Lan YM, Yang SW, Dai MG, Ye B, He FY*

- 7805 Low-grade chondrosarcoma of the larynx: A case report

*Vučković L, Klisic A, Filipović A, Popović M, Čulafić T*

- 7811 Pediatric temporal fistula: Report of three cases

*Gu MZ, Xu HM, Chen F, Xia WW, Li XY*

- 7818 Treatment for CD57-negative  $\gamma\delta$  T-cell large granular lymphocytic leukemia with pure red cell aplasia: A case report

*Xiao PP, Chen XY, Dong ZG, Huang JM, Wang QQ, Chen YQ, Zhang Y*

- 7825 Rare neonatal malignant primary orbital tumors: Three case reports

*Zhang Y, Li YY, Yu HY, Xie XL, Zhang HM, He F, Li HY*

- 7833 Carbon ion radiotherapy for bladder cancer: A case report

*Zhang YS, Li XJ, Zhang YH, Hu TC, Chen WZ, Pan X, Chai HY, Wang X, Yang YL*

- 7840** Extravasation of chemotherapeutic drug from an implantable intravenous infusion port in a child: A case report  
*Lv DN, Xu HZ, Zheng LL, Chen LL, Ling Y, Ye AQ*
- 7845** Chronic active Epstein-Barr virus infection treated with PEG-asparaginase: A case report  
*Song DL, Wang JS, Chen LL, Wang Z*
- 7850** Omental mass combined with indirect inguinal hernia leads to a scrotal mass: A case report  
*Liu JY, Li SQ, Yao SJ, Liu Q*
- 7857** Critical lower extremity ischemia after snakebite: A case report  
*Lu ZY, Wang XD, Yan J, Ni XL, Hu SP*
- 7863** Migration of the localization wire to the back in patient with nonpalpable breast carcinoma: A case report  
*Choi YJ*
- 7870** Uniportal video-assisted thoracoscopic surgery for complex mediastinal mature teratoma: A case report  
*Hu XL, Zhang D, Zhu WY*
- 7876** Congenital disorder of glycosylation caused by mutation of *ATP6AP1* gene (c.1036G>A) in a Chinese infant: A case report  
*Yang X, Lv ZL, Tang Q, Chen XQ, Huang L, Yang MX, Lan LC, Shan QW*
- 7886** Rare monolocular intrahepatic biliary cystadenoma: A case report  
*Che CH, Zhao ZH, Song HM, Zheng YY*
- 7893** Hepatocellular carcinoma with inferior vena cava and right atrium thrombus: A case report  
*Liu J, Zhang RX, Dong B, Guo K, Gao ZM, Wang LM*
- 7901** Delayed diagnosis of ascending colon mucinous adenocarcinoma with local abscess as primary manifestation: Report of three cases  
*Han SZ, Wang R, Wen KM*
- 7909** Gastrointestinal bleeding caused by syphilis: A case report  
*Sun DJ, Li HT, Ye Z, Xu BB, Li DZ, Wang W*
- 7917** Transient involuntary movement disorder after spinal anesthesia: A case report  
*Yun G, Kim E, Do W, Jung YH, Lee HJ, Kim Y*
- 7923** Diagnosis and treatment of an inborn error of bile acid synthesis type 4: A case report  
*Wang SH, Hui TC, Zhou ZW, Xu CA, Wu WH, Wu QQ, Zheng W, Yin QQ, Pan HY*
- 7930** Malignant fibrous histiocytoma of the bone in a traumatic amputation stump: A case report and review of the literature  
*Zhao KY, Yan X, Yao PF, Mei J*

- 7937 Rare complication of acute adrenocortical dysfunction in adrenocortical carcinoma after transcatheter arterial chemoembolization: A case report  
*Wang ZL, Sun X, Zhang FL, Wang T, Li P*
- 7944 Peripherally inserted central catheter placement in neonates with persistent left superior vena cava: Report of eight cases  
*Chen Q, Hu YL, Li YX, Huang X*
- 7954 Subcutaneous angioliipoma in the scrotum: A case report  
*Li SL, Zhang JW, Wu YQ, Lu KS, Zhu P, Wang XW*

**LETTER TO THE EDITOR**

- 7959 Should people with chronic liver diseases be vaccinated against COVID-19?  
*Chen LP, Zeng QH, Gong YF, Liang FL*

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## Advances in deep learning for computed tomography denoising

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### Abstract

Computed tomography (CT) has seen a rapid increase in use in recent years. Radiation from CT accounts for a significant proportion of total medical radiation. However, given the known harmful impact of radiation exposure to the human body, the excessive use of CT in medical environments raises concerns. Concerns over increasing CT use and its associated radiation burden have prompted efforts to reduce radiation dose during the procedure. Therefore, low-dose CT has attracted major attention in the radiology, since CT-associated x-ray radiation carries health risks for patients. The reduction of the CT radiation dose, however, compromises the signal-to-noise ratio, which affects image quality and diagnostic performance. Therefore, several denoising methods have been developed and applied to image processing technologies with the goal of reducing image noise. Recently, deep learning applications that improve image quality by reducing the noise and artifacts have become commercially available for diagnostic imaging. Deep learning image reconstruction shows great potential as an advanced reconstruction method to improve the quality of clinical CT images. These improvements can provide significant benefit to patients regardless of their disease, and further advances are expected in the near future.

**Key Words:** Denoising; Deep learning; Computer-assisted imaging processing; Iterative reconstruction; Radiation dose

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**Core Tip:** Early application of deep learning techniques have shown success in the denoising of computed tomography (CT) images, especially low-dose CT images, and future advances are expected to provide additional benefit.

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## INTRODUCTION

In radiography, decreases in radiation dosage result in the debasement of image quality, basically due to an increment in image noise[1]. Increased image noise can compromise the diagnostic performance of computed tomography (CT) images. Hence, much exertion has been invested in designing image processing techniques that reduce image noise. By applying data handling and image reconstruction methods that diminish image noise whereas keeping up spatial resolution, it is conceivable to move forward the quality and diagnostic value of low-dose CT (LDCT) images, which are inherently noisy[2]. Recently, deep learning (DL) techniques have been increasingly applied to many aspects of medical imaging and are showing promise as an effective solution for the problem of noise[3-5]. This is particularly true in their application to denoising CT images, where DL techniques have appeared noteworthy performance in moving forward imaging quality by noise suppression, structural preservation, and lesion detection[1,6].

## CT USE AND RADIATION HAZARD

CT has seen a rapid increase in use in recent years[2,7,8]. Radiation from CT accounts for a significant proportion of total medical radiation. However, given the known harmful impact of radiation exposure to the human body, the excessive use of CT in medical environments raises concerns[7]. Concerns over increasing CT use and its associated radiation burden have prompted efforts to reduce radiation dose during the procedure[9-11].

## LDCT IMAGING

Recently, LDCT has attracted significant interest in the radiography community[8,12,13]. Several approaches can be used to reduce radiation exposure as follows: avoiding unnecessary examinations and superfluous acquisitions; optimizing CT acquisition parameters (*i.e.*, lowering tube voltage or current and pitch); routinely using size adaptation techniques, such as automatic tube current modulation; and progressing the postprocessing and reconstruction of CT images[2]. In any case, the diminishment of radiation dosage increases noise and presents artifacts in reconstructed images[7,8]. In other words, reductions in radiation dose lead to decreases in image quality, which may adversely affect diagnosis using LDCT images[1,8]. Therefore, much exertion has been made to plan better image processing techniques that can further diminish image noise after image capture[1].

## DENOISING OF CT IMAGING

Image noise reduction, generally called “image denoising,” is an important but challenging task. In the midst of the denoising handle, the noise component must be expelled without debasing the true signal component[14]. Clinical applications with characteristic high-contrast abnormalities (*e.g.*, CT for urolithiasis, CT enterography) can accomplish noteworthy dosage decreases by applying denoising strategies (Figure 1)[2,12]. In low-contrast cases, such as detection of metastases in solid organs, dose reduction is considerably more restricted by loss of lesion conspicuity due to a loss of low-contrast spatial resolution and coarsening of noise texture[2].

Noise reduction algorithms for LDCT can be categorized into three types: (1) Handling the raw data gotten from sinogram (projection space denoising); (2) Iterative reconstruction (IR) strategies; and (3) Handling reconstructed CT image (image space denoising)[2,8,13].

In projection space denoising, the noise expulsion algorithm is connected to the CT sinogram information gotten from low-dose CT. These strategies join system physics

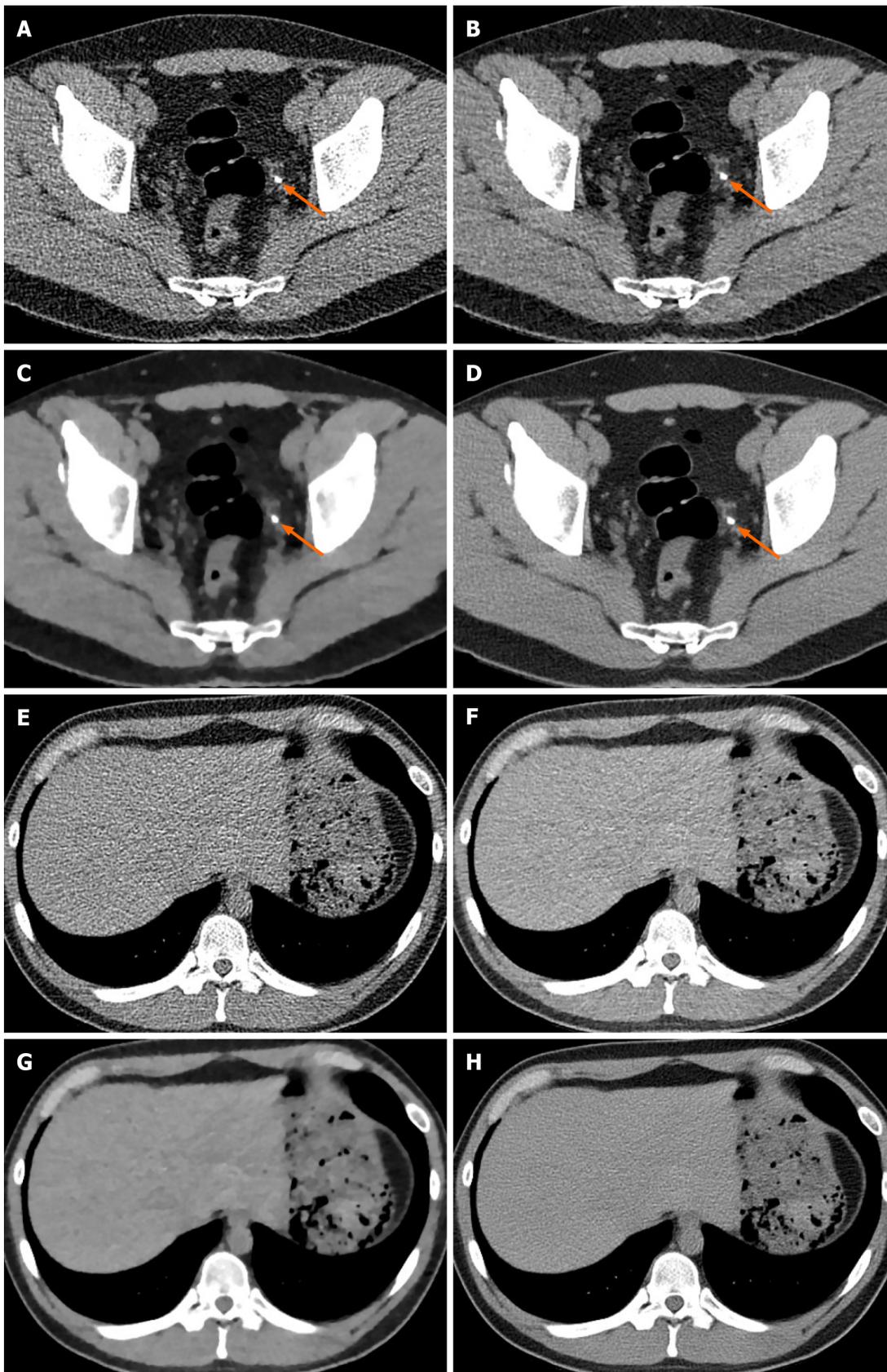


Figure 1 Representative low-dose computed tomography images at 100 kV and 30 mAs (dose length product, approximately 93.4 mGy·cm; effective radiation dose, approximately 1.401 mSv) using four image reconstruction techniques: Filtered back projection; iDose4, hybrid iterative reconstruction; iterative model reconstruction, fully iterative reconstruction; ClariCT, deep learning based image reconstruction. The arrows point to a left distal ureter stone of 5-mm diameter. The noise in the images produced by FBP (A, E), iDose4 (B, F), IMR (C, G) and ClariCT (D, H) is decreased and the image quality, improved. An unfamiliar plastic-looking noise texture is observed in the high-level iterative reconstruction (C, G).

On the other hand, deep learning-based image reconstruction (D, H) sharpened structural margins and produced favorable images.

and photon statistics to diminish both image noise and artifacts. In any case, this process uses an algorithm supplied by the vendor. These strategies too require get to sinogram information, which isn't accessible for commercial CT scanners. At last, these procedures ought to be actualized within the scanner reconstruction system, which increments the taken a toll of denoising[2].

IR strategies refer to another group of techniques to make strides the image quality of LDCT. For the past 30 years, filtered back-projection (FBP) has been the prevailing strategy of reconstruction due to its computational proficiency and precision. FBP requires noteworthy amounts of high-quality projection data to get precise reconstructions[15]. At low-dose settings, challenges emerge with increased image noise and artifacts. Thus, IR was presented to overcome these restrictions of FBP (Figure 1). These methods consider the system model geometry, photon counting statistics, as well as the x-ray beam spectrum. They generally beat projection space denoising strategies. They can expel artifacts and give great spatial resolution. Be that as it may, like projection space denoising, they require get to the projection information, are vendor subordinate, and ought to be actualized on the reconstruction system of the scanner. Additionally, images with high reconstruction strength levels (Figure 1) have a waxy, plastic-looking unfamiliar noise texture or blotchy, unnatural appearance[2,15,16]. It influences the assessment of CT scan images, and apparently, the interpretation of imaging findings[17].

In contrast to these first two strategies, image space denoising algorithms don't require raw projection information. They work straightforwardly on the reconstructed CT images and are by and large quick, free of the scanner vendor and can be effectively coordinates into a workflow. They get a low-dose CT image as an input and foresee the normal-dose CT image as the yield[2].

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## DL IMAGING RECONSTRUCTION

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Recently, promising results in low-dose CT denoising have been achieved using DL-based algorithms, especially convolutional neural networks (CNNs) and generative adversarial network architectures[7,8]. With the rapid development of CNNs, denoising models have achieved impressive denoising results for LDCT[3,6,7,18]. DL has recently appeared the potential for making stride image reconstruction in CT since it can oversee a higher number of models and parameters more successfully and proficiently than statistics-based reconstruction methods[15]. DL-based image reconstruction (DLIR) can incorporate complex models and a gigantic number of parameters through training processes, overcoming the modeling restrictions of IR [15]. As of late, several clinical studies on deep CNN-based reconstruction methods have detailed that DLIR yields favorable noise texture, prevalent image quality, and significantly reduced image noise (Figure 1)[15].

Currently, two available vendor-specific DLIR technologies, TrueFidelity (GE Healthcare) and Advanced intelligent Clear-IQ Engine (AiCE, Canon Medical System) have been trained with high-quality FBP or statistical IR images produced with high-level X-ray dose[11,14-16].

ClariCT (ClariPi, Seoul, South Korea) is based on the CNN algorithm noise reduction approach and features digital imaging and communications in medicine (DICOM)-based sinogram blend and crossover IR. It offers the advantage in terms of denoising from both projection and image space[1,19,20].

The crossover algorithm in ClariCT is completed taking after a special handle. The primary stage is forward projection of CT image from FBP to form a synthesized sinogram, which is similar to other crossover reconstruction technologies. The geometry of the CT system is determined indirectly from the DICOM header and related data. In the second stage, the algorithm investigates the synthesized sinogram and recognizes the noisiest portion of sinogram (*i.e.*, the photon-starved area). This can be taken after by a removal of noise sinogram through an iterative handle. At last, the denoised image is adaptively mixed with the original FBP image utilizing the local noise statistic. This acts to limit the waxy appearance of the handled image that is due to over-the-top noise subtraction. Thus, overall noise is decreased without over-smoothing and loss of details in the image (Figure 1). Extraordinary in ClariCT, the forward projection and FBP reconstruction steps are carried out as it were utilizing

DICOM information; subsequently, the whole crossover IR is performed in a vendor neutral way[20].

Although DLIR algorithms appear to be exceedingly compelling for moving forward image quality, there are a few issues or obstacles to be talked about. Firstly, further external validation of DLIR is vital. Secondly, actual radiation dose reduction in the clinical practice because of altering procurement parameters whereas performing diagnostic investigations has yet to be affirmed. Thirdly, the decision-making process of trained algorithms may be a black box to human discernment[21].

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## CONCLUSION

The use of DLIR methods employing deep CNNs has been proposed to encourage dose reduction whereas keeping up the image quality and diagnostic performance of CT imaging.

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