



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title Key Words	1	The words "case report" should be in the title along with the area of focus	6/1
	2	Four to seven key words—include "case report" as one of the key words	5/2
			5/2
Abstract	3a	Background: What does this case report add to the medical literature?	35/2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	34/2
	3c	Conclusion: What is the main "take-away" lesson from this case?	52/2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	92/4
Timeline	5	Information from this case report organized into a timeline (table or figure)	No
Patient Information	6a	De-identified demographic and other patient or client specific information	115/4
	6b	Chief complaint—what prompted this visit?	114/4
	6c	Relevant history including past interventions and outcomes	118/4
Physical Exam	7	Relevant physical examination findings	128/5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	131/5
	8b	Diagnostic reasoning including other diagnoses considered and challenges	145/5
	8c	Consider tables or figures linking assessment, diagnoses and interventions	150/5
	8d	Prognostic characteristics where applicable	162/6
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	199/7
	9b	Intervention administration such as dosage, frequency and duration	202/7
	9c	Note changes in intervention with explanation	203/7
	9d	Other concurrent interventions	22-204/7
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	207/7
	10b	Important follow-up diagnostic evaluations	207/7
	10c	Assessment of intervention adherence and tolerability, including adverse events	208/7
Discussion	11a	Strengths and limitations in your approach to this case	270/9
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	271/9
	11c	How does this case report suggest a testable hypothesis?	270/9
	11d	Conclusions and rationale	277/10
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	204/7
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	299/10
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	285/10