



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	
Title	1	The words “case report” should be in the title along with the area of focus	title page
Key Words	2	Four to seven key words—include “case report” as one of the key words	title page
Abstract	3	Background: What does this case report add to the medical	page2, line6-11
	a	literature? Case summary: chief complaint, diagnoses,	page2, line14-21
	3	interventions, and outcomes Conclusion: What is the main	page2, line24-26
	b	“take-away” lesson from this case?	
Introduction	3		
	c		
Introduction	4	The current standard of care and contributions of this case—with references (1–2 paragraphs)	page3, line12-29
Timeline	5	Information from this case report organized into a timeline (table or figure)	N/A
Patient Information	6	De-identified demographic and other patient or client specific	N/A
	a	information Chief complaint—what prompted this visit?	page4, line2-5
	6	Relevant history including past interventions and outcomes	page4, line8-25
	b		
Physical Exam	6		
	c		
Physical Exam	7	Relevant physical examination findings	page4, line28-31
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	page5, line2-10
	8	Diagnostic reasoning including other diagnoses considered and	page5, line20
	b	challenges Consider tables or figures linking assessment, diagnoses	page9-10
	8	and interventions Prognostic characteristics where applicable	page6, line6-17
Interventions	c		
	8		
	d		
	9	Types such as life-style recommendations, treatments, medications,	N/A
Interventions	a	surgery Intervention administration such as dosage, frequency and	page5, line22
	9	duration	N/A
Interventions	b	Note changes in intervention with	N/A
	9	explanation Other concurrent	
	c	interventions	
	9		
Follow-up and Outcomes	d		
	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	page6, line6-8
	10	Important follow-up diagnostic evaluations	page6, line9-10
Follow-up and Outcomes	b	Assessment of intervention adherence and tolerability, including adverse events	page6, line11-14
	10		

c

Discussion	11	Strengths and limitations in your approach to this case	<u>page7, line19-31</u>
	a	Specify how this case report informs practice or Clinical Practice Guidelines	<u>N/A</u>
	11	(CPG) How does this case report suggest a testable hypothesis?	<u>page6, line20-25</u>
	b		<u>page8, line5-10</u>
	11	Conclusions and rationale	
c			
	11		
	d		
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>N/A</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>page14, line8</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>page14, line11</u>