



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	
Title	1	The words “case report” should be in the title along with the area of focus	<a href="#">title page</a>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<a href="#">title page</a>
Abstract	3	Background: What does this case report add to the medical	<a href="#">page2, line6-11</a>
	a	literature? Case summary: chief complaint, diagnoses,	<a href="#">page2, line14-21</a>
	3	interventions, and outcomes Conclusion: What is the main	<a href="#">page2, line24-26</a>
	b	“take-away” lesson from this case?	
	3		
	c		
Introduction	4	The current standard of care and contributions of this case—with references (1–2 paragraphs)	<a href="#">page3, line12-29</a>
Timeline	5	Information from this case report organized into a timeline (table or figure)	<a href="#">N/A</a>
Patient Information	6	De-identified demographic and other patient or client specific	<a href="#">N/A</a>
	a	information Chief complaint—what prompted this visit?	<a href="#">page4, line2-5</a>
	6	Relevant history including past interventions and outcomes	<a href="#">page4, line8-25</a>
	b		
	6		
	c		
Physical Exam	7	Relevant physical examination findings	<a href="#">page4, line28-31</a>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<a href="#">page5, line2-10</a>
	8	Diagnostic reasoning including other diagnoses considered and	<a href="#">page5, line20</a>
	b	challenges Consider tables or figures linking assessment, diagnoses	<a href="#">page9-10</a>
	8	and interventions Prognostic characteristics where applicable	<a href="#">page6, line6-17</a>
	c		
	8		
	d		
Interventions	9	Types such as life–style recommendations, treatments, medications,	<a href="#">N/A</a>
	a	surgery Intervention administration such as dosage, frequency and	<a href="#">page5, line22</a>
	9	duration	<a href="#">N/A</a>
	b	Note changes in intervention with	<a href="#">N/A</a>
	9	explanation Other concurrent	
	9	interventions	
	d		
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<a href="#">page6, line6-8</a>
	10	Important follow-up diagnostic evaluations	<a href="#">page6, line9-10</a>
	b	Assessment of intervention adherence and tolerability, including adverse events	<a href="#">page6, line11-14</a>
	10		

c

Discussion	11	Strengths and limitations in your approach to this case	<u>page7, line19-31</u>
	a	Specify how this case report informs practice or Clinical Practice Guidelines	<u>N/A</u>
	11	(CPG) How does this case report suggest a testable hypothesis?	<u>page6, line20-25</u>
	b		<u>page8, line5-10</u>
	11	Conclusions and rationale	
	c		
	11		
	d		
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>N/A</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>page14, line8</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>page14, line11</u>