



**CARE****Checklist****–** **2016:****Information****for** **writing****a****case****report**

**Topic****Item** **Checklist****item****description** **Line/Page**

**Title** **1**

**Key****Words** **2**

**Abstract** **3a**

**3b** **3c**

**Introduction** **4**

**Timeline** **5**

**Patient****Information** **6a**

**6b** **6c**

**Physical****Exam** **7**

**Diagnostic** **8a**

**Assessment** **8b**

**8c** **8d**

**Interventions** **9a**

**9b** **9c** **9d**

**Follow-up****and** **10a**

**Outcomes** **10b**

**10c**

**Discussion** **11a**

**11b** **11c**

**11d** **Patient****Perspective** **12** **Informed****Consent** **13** **Additional****Information** **14**

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Thewords“casereport”shouldbeinthetitlealongwiththeareaoffocus

Fourtoseven keywords—include“casereport”asoneofthekeywords

Background:Whatdoesthiscasereportaddtothemedicalliterature?

Casesummary:chiefcomplaint,diagnoses,interventions,andoutcomes

Conclusion:Whatisthemain“take-away”lessonfromthiscase?

Thecurrentstandardofcareandcontributionsofthiscase—withreferences(1-2paragraphs) Informationfromthiscasereportorganizedintoatimeline(tableorfigure)

De-identifieddemographicandotherpatientorclientspecificinformation

Chiefcomplaint—whatpromptedthisvisit?

Relevanthistoryincludingpastinterventionsandoutcomes

Relevantphysicalexamination findings

Evaluationssuchas surveys,laboratorytesting,imaging,etc.

Diagnosticreasoningincludingotherdiagnosesconsideredand challenges

Considertablesorfigureslinkingassessment,diagnoses andinterventions

Prognosticcharacteristics whereapplicable

Typessuchaslife-stylerecommendations,treatments,medications,surgery Interventionadministration suchasdosage,frequency andduration Notechangesininterventionwithexplanation

Otherconcurrentinterventions

Clinicianassessment(andpatient orclientassessedoutcomeswhenappropriate)

Importantfollow-updiagnosticevaluations

Assessmentofinterventionadherenceandtolerability, includingadverseevents

Strengthsandlimitationsinyourapproachtothiscase

Specifyhowthiscasereportinforms practiceorClinicalPracticeGuidelines(CPG)

Howdoesthiscasereportsuggestatestablehypothesis?

Conclusions andrationale Whenappropriateincludetheassessment ofthepatientorclientonthisepisodeofcare Informedconsentfromthepersonwhoisthesubjectofthiscasereportisrequiredbymostjournals Acknowledgementsection;CompetingInterests;IRBapprovalwhenrequired

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January31,2016