



CARE Checklist (2016) of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Page
Title	1	The words “case report” should be in the title along with the area of focus.	No
Key Words	2	2 to 5 key words that identify areas covered in this case	Yes
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	Yes
	3b	The main symptoms of the patient and the important clinical findings	Yes
	3c	The main diagnoses, therapeutics interventions, and outcomes	Yes
	3d	Conclusion—What are the main “take-away” lessons from this case?	Yes
Introduction	4	One or two paragraphs summarizing why this case is unique with references	Yes
Patient Information	5a	De-identified demographic information and other patient specific information.	Yes
	5b	Main concerns and symptoms of the patient.	Yes
	5c	Medical, family, and psychosocial history including relevant genetic information (also see timeline). . .	Yes
	5d	Relevant past interventions and their outcomes	Yes
Clinical Findings	6	Describe the relevant physical examination (PE) and other significant clinical findings.	Yes
Timeline	7	Important information from the patient’s history organized as a timeline	Yes
Diagnostic Assessment	8a	Diagnostic methods (such as PE, laboratory testing, imaging, surveys).	Yes
	8b	Diagnostic challenges (such as access, financial, or cultural).	Yes
	8c	Diagnostic reasoning including other diagnoses considered	Yes
	8d	Prognostic characteristics (such as staging in oncology) where applicable	Yes
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	Yes
	9b	Administration of intervention (such as dosage, strength, duration)	Yes
	9c	Changes in intervention (with rationale)	Yes
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (when appropriate)	Yes
	10b	Important follow-up diagnostic and other test results	Yes
	10c	Intervention adherence and tolerability (How was this assessed?)	Yes
	10d	Adverse and unanticipated events	Yes
Discussion	11a	Discussion of the strengths and limitations in your approach to this case	Yes
	11b	Discussion of the relevant medical literature.	Yes
	11c	The rationale for conclusions (including assessment of possible causes).	Yes
	11d	The primary “take-away” lessons of this case report	Yes
Patient Perspective	12	When appropriate the patient should share their perspective on the treatments they received.	No
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes