

Name of Journal: *World Journal of Clinical Cases*

Manuscript Type: *Clinical Trials Study*

Title: *Effects of mindful breathing combined with sleep-inducing exercises in patients with insomnia*

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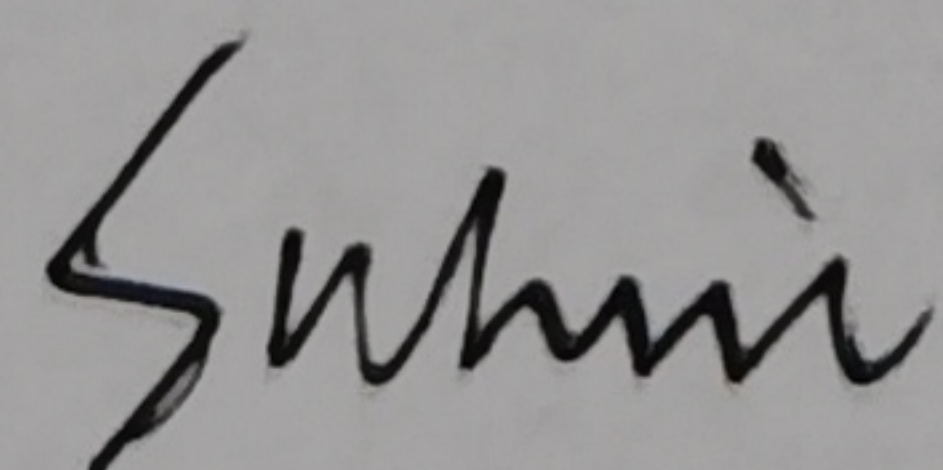
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This study is registered at *Chinese Clinical Trial Registry*:

The registration identification number is: *ChiCTR2100049927*

The URL for the registry is: <https://www.chictr.org.cn/showproj.aspx?proj=131839>

Su Hui



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