

## Certificate of Biostatistics

23 March 2021

To whom it may concern

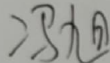
Title of study: Effects of mindful breathing combined with sleep-inducing exercises in insomnia patients

Chief investigator: Xianghong Sun,

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This letter is to confirm that I have read the ethics application prepared for this study, and that in my opinion the statistical methods and techniques mentioned are appropriate for the research.

Please contact me if you have any queries.

Sincerely, Xu Feng 

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